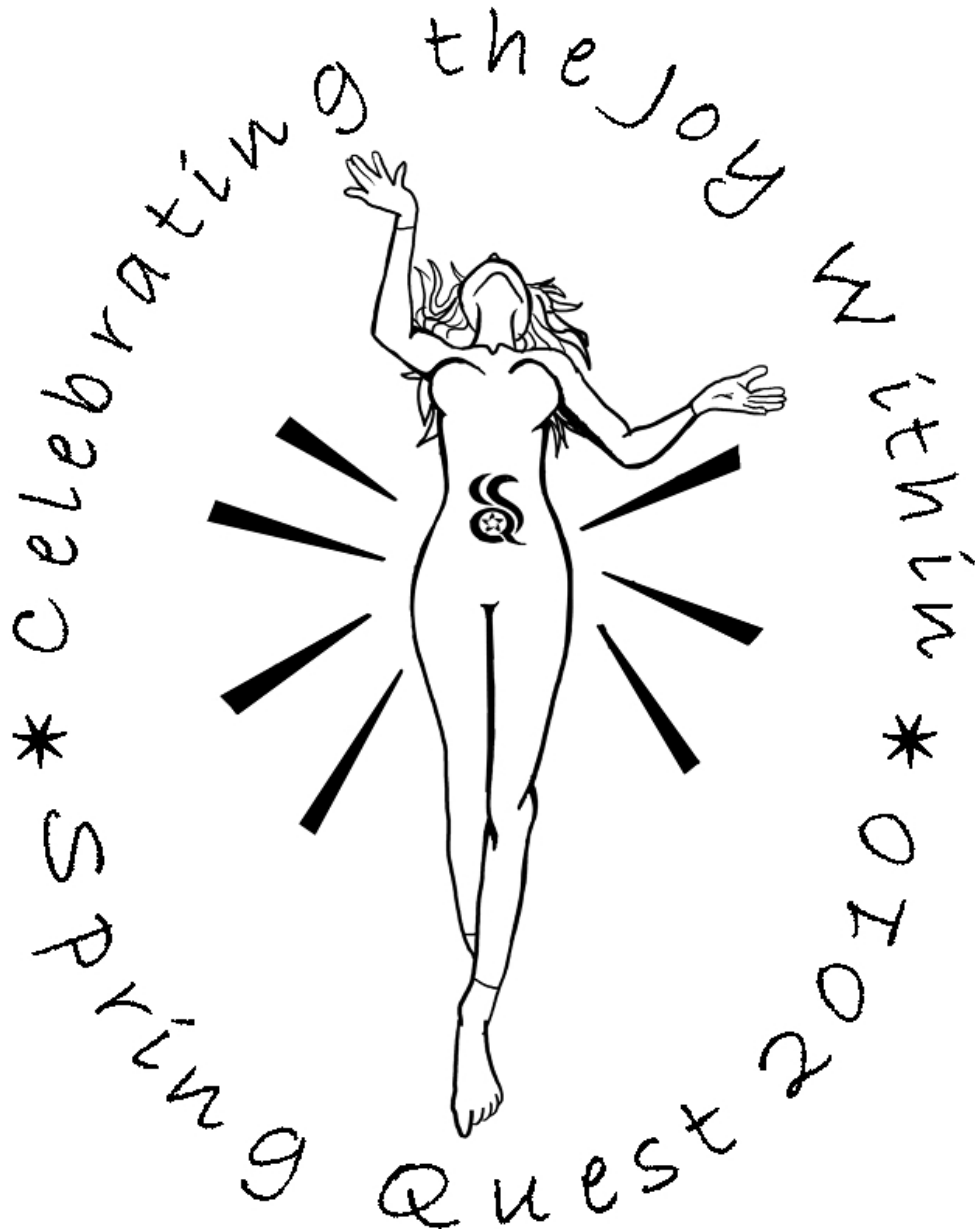




Carolina Spirit Quest  
Presents

# Spring Quest 2010

Celebrating the Joy Within



April 16-18, 2010

Camp Royall  
Moncure, NC

Visit our website at <http://www.CarolinaSpiritQuest.org>



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## Catalogs and Fliers

### Quest Flyer

The Carolina Spirit Quest 2010 flyer in Portable Document Format (PDF) is available for download from the CSQ web site. It will help CSQ if you will post or distribute this flyer where Pagans and other earth-centered religionists will see it. It requires the free Adobe Acrobat Reader to view and print. If you need Adobe Acrobat Reader, the free download can be found at:  
<http://www.adobe.com/products/reader>.

### Catalogs

Additional copies of this catalog in Portable Document Format (PDF) can be downloaded from our web site at <http://www.carolinaspiritquest.org/>



## Director's Welcome

### Hail and Merry Meet!

We are pleased to announce that registration is now open for Spring Quest 2010, "Celebrating the Joy Within". This will be a weekend to share the joy and spirit of being pagan, a weekend to live in a village built on laughter, learning, friendship and community.

Rituals are the heart of any Carolina Spirit Quest event. Spirit is our middle name, pun intended. This year's rituals have an elemental theme and will weave the energy of the rituals, the spiritual element of Spirit Quest through all the activities of the weekend.

We have learning circles planned on a variety of topics, including chakras, tarot, herbs, bellydance, creating ritual, making mead, and more! As always, we also have a fun weekend planned for the children. This year the children's learning circles will be working with the ritual team to learn about - and play among - the elements.

In other programs, we will once again have our annual Magickal Auction, a great way to buy one-of-a-kind items and give your support CSQ. We will also have a gaming table available for recreation – we invite you to bring games to share! Centrally located at the event we will have a community altar set up for everyone to participate in. We ask you to bring a sacred item that represents you or your path, your deity, etc. to contribute your presence on our altar for the weekend.

On the breezeway and veranda outside the main hall will be our vending area. Make sure to stop by and have a look at all the wonderful wares our vendors have to offer. If you would like to vend at our event, please contact us.

Lastly, don't forget about our Spirit Gift exchange! Remember to bring a gift so you can receive a gift in exchange.

The best thing you'll find at Spring Quest is our sense of community. Together we will eat, learn, laugh, sing, drum, and dance. We welcome all pagans from every persuasion to join us for this magical weekend. We look forward to seeing you at Spring Quest 2010!!!

### *Cynthia Campbell and Stephanie Taylor, Spring Quest 2010 Co-directors*

**Cynthia Campbell** is a full-time mom and has been active with various groups in the NC pagan community since 2001. She is currently most active with Iðavelli Hof, where she runs the monthly children's program; and Carolina Spirit Quest, where she is currently serving as President, Spring Quest 2010 Co-director, and Winter Quest 2011 Director. She loves craft projects of just about any kind and enjoys sharing her crafting passion with the children. Cynthia lives in Hillsborough with her husband Dan, two daughters, and her cat Blazey.

**Stephanie Taylor**, having followed a Celtic path since 1999, discovered several years ago that Heathenry was what she was looking for (or to be better put, Freyr smacked her upside the head with a cosmic two-by-four). Stephanie continues her study of pre-Christian Celtic societies in addition to her other interests such as seiðr, runes, spinning, mead making, and much more. Stephanie has many years of experience serving as a Board member of Carolina Spirit Quest as well as serving as co-director for CSQ's Spring Quest event. Stephanie lives in Durham with her feline child, Peanut.

## A Special Welcome To Newcomers

We are so glad you are with us at Quest. We invite you to attend the Newcomer's Workshop "So This is Your First Quest?" on Friday afternoon from 4:30 - 5:30 (see page 5). Attendance is not mandatory, but you will learn many helpful tips.

Make sure you bring lots of ritual items, like clothing, staffs, jewelry, etc. During the Opening and Main Rituals, it is common to see participants dressed in their finest ritual garb. Robes, dresses, tunics, gowns, cloaks and capes decorated with symbols meaningful to the participants' traditions or body painting in colorful designs are worn by many. Plus, there is always lots of glitter!

Remember, you are here to have fun. If you have questions at any time throughout the weekend, please feel free to ask a Staff or Board member. We are here to help you have an enjoyable weekend. Be ready to meet many different people from many different paths. Bring an open mind and heart, and be ready to learn, teach, share, listen and make new friends. **Welcome to Quest!**

## Carolina Spirit Quest 2010 Staff

### Co-Directors - Spring 2010:

Cynthia Campbell - Hillsborough, NC - moonfire72@gmail.com

Stephanie Taylor - Durham, NC - aine0021@yahoo.com

**Communications Manager:** Lance Brown - Durham, NC - lance@bearcircle.net

**Registrar:** Dick Merritt - Hillsborough, NC - dickmerritt@mindspring.com

**Catalog Editor:** Dan Campbell - Hillsborough, NC

### Electronic Communications Coordinators:

Dick Merritt - Hillsborough, NC - dickmerritt@mindspring.com

Stephanie Taylor - Durham, NC - aine0021@yahoo.com

Tim Woody - Hillsborough, NC - tim51370@yahoo.com

**T-Shirt Coordinator:** Dick Merritt - Hillsborough, NC - dickmerritt@mindspring.com

**Staff Photographer:** Stephanie Taylor - Durham, NC - aine0021@yahoo.com

### Programs:

**Learning Circle Coordinator:** Stephanie Byrd - wid829@yahoo.com

**Ritual Coordinator:** Sharon Hill - Durham, NC - SKSerious@aol.com

**Children's Program Coordinator:** Cynthia Campbell moonfire72@gmail.com

**Other Programs:** Chrissy Forsythe - Pittsboro, NC - chrissy4sythe@gmail.com

### Security/Safety Coordinator:

**Community Service Coordinator:** Maddy Schenk

**Treasurer:** Dick Merritt - Hillsborough, NC - dickmerritt@mindspring.com

## For Additional Questions, Contact Us:

Online - [www.CarolinaSpiritQuest.org](http://www.CarolinaSpiritQuest.org) - more information is posted on our website!

Or contact us: By writing - Carolina Spirit Quest, PO Box 61335, Durham, NC 27715-1335.

By email - [info@carolinaspiritquest.org](mailto:info@carolinaspiritquest.org)

## Schedule

### Friday, April 18

<p>3:00 - 8:00 Sing-In / Registration open for all participants</p> <p>4:30 - 5:30 <b>Newcomers' Circle</b></p> <p>5:30 - 5:45 Gather at the Bell - Announcements &amp; Blessing Circle</p>	<p>5:45 - 7:00 Dinner &amp; Director's Welcome</p> <p>7:30 - until <b>Opening Ritual</b></p> <p>After Ritual Drumming &amp; Dancing</p> <p>Midnight Quiet Time (noisy activities move to far fire circle)</p>
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### Saturday, April 19 (Note: The Silent Auction runs all day and closes after ritual & dessert.)

<p>7:30 - 8:30 Breakfast</p> <p>9:00 Magickal Auction Begins</p> <p>9:00 - 11:00 <b>Learning Circles</b></p> <p>11:20 Gather at the Bell - Announcements &amp; Blessing Circle</p> <p>11:30 - 1:00 Lunch &amp; President's Address</p> <p>1:00 - 3:00 Free Time &amp; Special Activities</p> <p>3:00 - 5:00 <b>Learning Circles</b></p> <p>5:50 Gather at the Bell - Announcements &amp; Blessing Circle</p>	<p>6:00 - 7:30 Dinner &amp; CSQ Business</p> <p>8:00 - until <b>Main Ritual</b></p> <p>Immediately Dessert and Live Auction</p> <p>After Ritual of Goods &amp; Services</p> <p>After Auction Drumming &amp; Dancing</p> <p>Midnight Quiet Time (noisy activities move to far fire circle)</p>
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### Sunday, April 20

<p>7:30 - 8:30 Breakfast</p> <p>9:00 Deadline for Nominations-Board Candidates (deliver to Secretary)</p> <p>9:00 - 11:00 <b>Learning Circles</b></p> <p>11:20 Gather at the Bell - Announcements &amp; Blessing Circle</p>	<p>11:30 - 1:00 Lunch &amp; CSQ Annual Meeting</p> <p>1:15 - 2:15 <b>Closing Ritual</b></p> <p>2:15 Spirit Gift Exchange</p> <p>2:15 - 3:45 Clean up and Check Out</p>
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## FRIDAY

**3:00 - 7:30 PM**

### Sign-In & Registration

**3:00 - 7:30 PM**

Sign-in / Registration will be in the craft center and staffed Friday afternoon, early evening & Saturday morning.

**4:30 - 5:30 PM**

### Newcomer's Circle

**4:30 - 5:30 PM**

**So This Is Your First Quest?**

*Facilitators: Cynthia Campbell and Stephanie Taylor*

Back for its ninth year by popular demand, Quest is presenting a Learning Circle for new folks. This fun, fact-filled mini Learning Circle is offered to anyone attending their first Quest. Please come even if you are a veteran of other gatherings. Anyone who has attended Quest may come and offer their favorite tip.

**5:45 - 7:00 PM**

### Dinner & Directors' Welcome

**5:45 - 7:00 PM**

Please join us for Dinner in the mess hall. Food will be served from 6:00 to 7:00 pm. Afterward, the Directors will welcome everyone and introduce the CSQ'10 Staff.

**8:00 PM - until?**

### Opening Ritual

**8:00 PM - until?**



In our Opening Ritual Friday evening, each attendee, including the children, will be asked to join an elemental cohort: Air, Earth, Water, Fire or Spirit. They will work with this cohort all weekend to deal with the issues this element represents, embody the powers of the element, and teach the rest of the community more about the gifts and challenges of the element

**after Ritual**

### Drumming Circle

**after Ritual**

Drums are important links for modern Pagans to their past and to the many other pagan groups around the world. The basic rhythms created by drumming connect us to nature and to the deeper aspects of ourselves, and it is a lot of fun, too! Drumming circles will be held on Friday and Saturday nights after the end of the other scheduled activities and will continue for as long as drummers can stay awake!

If you like to drum or dance to the sounds of drumming, come prepared for those activities. Bring your drum, your bongos, whatever you use to create a beat. Or, if you don't drum, the rhythm is sure to pull you into a dance. Many of the participants indicated that the drumming circles were among the best things about previous Spirit Quests.

**after Ritual**

### Informal Events

**after Ritual**

Other informal events will occur. Check the schedule board in the Mess Hall for the latest information. If you come up with an activity to share, put it on the schedule board so others will know.

## SATURDAY

**7:30 - 8:30 AM**

### Breakfast

**7:30 - 8:30 AM**

Rise and shine!! Breakfast is first-come, first-serve, so get it while it's hot!



**9:00 AM - 1:00 PM**

### Sign-In & Registration

**9:00 AM - 1:00 PM**

Sign-in and Registration will be in the craft center and staffed again on Saturday morning. You must sign in upon arrival - see pg. 24 for more info.

**9:00 AM**

### Magickal Auction Begins

**9:00 AM**

The Magickal Auction begins Saturday morning and continues all day until the end of the Main ritual. After the Main ritual, the auction will be closed, the Live Auction will be held, and dessert will be served! See page 9 for more information.

**9:00 - 11:00 AM**

### Learning Circles

**9:00 - 11:00 AM**

#### **Children's Learning Circle - Elements for the Community**

**Facilitator: Cynthia Campbell**

*Bring children to the their workshop area 5 minutes before LC's and pick them up immediately after LC's.*  
The children will help decorate quilt squares in elemental colors that will become a permanent altar cloth for our community altar and our ancestor bowl. This quilt will travel to all Quest events, and is destined to become one of our community's sacred items.

#### **Fun with Honey and Yeast**

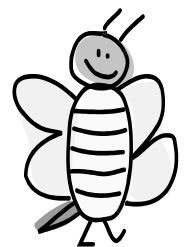
**Facilitator: Ben Starr**

This Learning Circle will explore the art and science of making mead. We will look at basic techniques, recipes, equipment and ingredients for various meads. Attendees will go home with one-gallon of fermenting mead, an airlock and tubing to finish off their own luscious concoction.

Merry Mead, Merry Part, and Merry Mead Again!

**Class is limited to 10 participants.**

**Cost: \$10.00 per person for the materials and take-homes.**



#### **Beginners Bellydancing and the Sacred Body, Part 1**

**Facilitator: Chrissy Forsythe**



This class is to focus on the basic aspects and movements of belly dance. This form of dance, as any other, helps strengthen the body and helps embrace the beauty and strength within our sacred body. We will find meaning on how different movements and using different parts of our bodies connect us to our spiritual selves, also connecting us to the universe around us. In Part 1 of the class we will be focusing on the lower portion of the body. Please bring water, comfortable clothes to dance in, and make sure you are in good enough health to do exercise.



## SATURDAY

**9:00 - 11:00 AM**

### Learning Circles, continued

**9:00 - 11:00 AM**

#### **Cooking for the Seasons**

**Facilitator: Stephanie Taylor**

I am Pagan and I use the bounty given to us by The Goddess and God to create dishes to share with loved ones. I use these bounties to keep my foods fresh and healthy. Come and find out how you can create dishes easily and inexpensively using foods available from our own gardens, or the gardens of others throughout the seasons. We will also be cooking up a desert from the CSQ cookbook during this workshop to help nourish our CSQ community (if you don't know much about cooking don't worry we'll help you along and we'll have tons of fun in the process).

#### **Magic from the Garden – Herbal Magic**

**Facilitator: Becky Starr**

Herbs have been used for centuries to enhance the power of spells and magic. In this Learning Circle, we will look at some common herbs, such as Rosemary, Lavender and Sage, and their use in magical work. We'll explore using herbs in candle magic, charms, poppets and other magical uses. This is designed as a beginning level class – no prior knowledge of herbs or magic is necessary.

#### **Prayer flags - Symbols and Prayers**

**Facilitator: Cindy Williams**

A short history of prayer flags, their symbolism and tradition, and a chance to make/decorate your own flags. Prayer flag tradition dates back to ancient Tibet, China, Persia and India. Believed to have originated with the Bön, which predated Buddhism in Tibet. Traditionally used to promote peace, compassion, good fortune and wisdom. The prayers and mantras on the prayer flags when blown by the wind spread good will and compassion into all pervading space bringing benefit to all. Traditionally they are woodblock printed with texts and images. The five flag colors are blue, white, red, green, yellow – symbolizing sky/space, air/wind, fire, water, earth. Using your own intentions, decorate flags with prayers or pictures of your choice.

**11:30 AM - 1:00 PM**

### Lunch & President's Address

**11:30 AM - 1:00 PM**

Please join us for Lunch in the mess hall. Afterward, the CSQ President will give her address.

**1:00 PM - 3:00 PM**

### Free Time

**1:00 PM - 3:00 PM**

Enjoy a couple of hours of time free to take a nap, walk the camp, or enjoy the time for yourself.

**3:00 - 5:00 PM**

### Learning Circles

**3:00 - 5:00 PM**

#### **Children's Learning Circle - Wearing the Elements**

**Facilitator: Cynthia Campbell**

*Bring children to their workshop area 5 minutes before LC's and pick them up immediately after LC's. The children will be decorating themselves with body art using henna, temporary tattoos, and/or face paint, with our elemental ritual groups in mind. We will have the children decorated and ready for the main ritual Saturday evening!*

## SATURDAY

**3:00 - 5:00 PM**

### Learning Circles, continued

**3:00 - 5:00 PM**

#### **Crafting a Book of Soul**

**Facilitator: Kimberly Burton**

The world and our soul work together to reveal themselves to us in subtle ways: Words, images, discoveries, intuition, found objects, color, dreams, ideas, music, movement, relationships to one another in this world and beyond. Find creative ways to capture these insights into your soul's journey by handcrafting a "Book of Soul"—it may become your Book of Shadows, more or less, as you choose to reflect upon it.

Not a writer? Not an artist? No problem—we'll discuss using found images, words, art, and objects as well as book-making. All attendees are encouraged to bring writing (yours or others), found objects, pictures, etc. if you'd like to incorporate them into your Book of Soul.

#### **Collaborative Ritual**

**Facilitator: Opal**

Have you ever wanted to experience ritual in a collaborative open ended format? If so, this workshop is for you! In this workshop we will work together as a group to set a ritual intention, plan our ritual, and experience it together. All experience levels welcome.

#### **Practical Use of Healing Herbs**

**Facilitator: Jaden**

This workshop will deal with the practical applications of healing herbs and the creation of loose incense, ointments, infused oils, and salts and more. There will be recipes for different applications and uses. There will be samples and we will create one application to take with you.

**Cost: \$5 per person**



#### **Introduction to Tarot**

**Facilitator: Becky Starr**

If you have ever wondered about the Tarot, this is the Learning Circle for you! We will look at all the basics of Tarot, from how to choose your first deck to the basic structure of the deck. We'll also discuss basic meanings and interpretations of the cards and simple ways to use your deck. Bring your favorite tarot decks to use and share.

**5:50 - 7:30 PM**

### Dinner & CSQ Business

**5:50 - 7:30 PM**

Please join us for Dinner in the mess hall. Food will be served from 6:00 to 7:00 pm. Afterward, the Secretary will talk about Board Elections for the CSQ Annual Meeting on Sunday. For more information on Board Elections, please see page 21.

**8:00 PM - until?**

### Main Ritual

**8:00 PM - until?**

In the Main Ritual Saturday evening, each participant and each cohort will deepen their understanding and relationship with the elemental energies they have chosen to work this weekend and create an opportunity for the community to experience this energy. This takes advantage of the truth that we learn by teaching and we only truly know that which we can teach others.



## SATURDAY

after Ritual

### Dessert & Magickal Auction

after Ritual

Come join us for dessert and the ninth annual CSQ Magickal Auction! All day Saturday you will be able to bid on some very special items donated by our members and vendors. The Silent Auction works this way:

- The items and/or description of them will be on bid sheets in the Mess Hall starting early Saturday.
- Simply record your name and bid amount on the description form.
- If someone outbids you, simply enter a new bid. Bids can be raised in whole dollar increments.
- After the Main Ritual Saturday evening, we will assemble in the Mess Hall to conclude the auction.
- Bid sheets will be collected and the winners identified.
- For all items, delivery of the item will be made upon receipt of payment for the donation amount.

A few items may be sold in Live Auction. Stay and participate in the fun. All proceeds of the auction will go to fund future CSQ projects and events. These funds allow Quest to try new ideas.

Some items already donated:



If you would like to donate an item or service to the auction, contact Chrissy at [elfin\\_healer@yahoo.com](mailto:elfin_healer@yahoo.com).

after Auction

### Drumming Circle

after Auction

Drums are important links for modern Pagans to their past and to the many other pagan groups around the world. The basic rhythms created by drumming connect us to nature and to the deeper aspects of ourselves, and it is a lot of fun, too! Drumming circles will be held on Friday and Saturday nights after the end of the other scheduled activities and will continue for as long as drummers can stay awake!



If you like to drum or dance to the sounds of drumming, come prepared for those activities. Bring your drum, your bongos, whatever you use to create a beat. Or, if you don't drum, the rhythm is sure to pull you into a dance. Many of the participants indicated that the drumming circles were among the best things about previous Spirit Quests.

after Auction

### Other Events

after Auction



Other informal events will occur. Check the schedule board in the Mess Hall for the latest information. If you come up with an activity to share, put it on the schedule board so others will know.

## SUNDAY

**7:30 - 8:30 AM**

### Breakfast

**7:30 - 8:30 AM**

Rise and shine!! Breakfast is first-come, first-serve, so get it while it's hot!



**9:00 AM**

### Deadline for Board Candidate Nominations

**9:00 AM**

Please turn in your nominations for Board Candidates to the CSQ Secretary by 9:00 AM Sunday. For more information on Board Elections, please see page 21.

**9:00 - 11:00 AM**

### Learning Circles

**9:00 - 11:00 AM**

#### **Children's Learning Circle - Taking the Elements Home**

**Facilitator: Cynthia Campbell**

*Bring children to the their workshop area 5 minutes before LC's and pick them up immediately after LC's. The children will be making an altar item – or items – to represent the element they will be working with during the weekend, or they may choose to make an altar set of items representing each of the elements. We will also burn discs with pictures of the children's weekend to take home.*

#### **Beginners Bellydancing and the Sacred Body, Part 2**

**Facilitator: Chrissy Forsythe**



This class is to focus on the basic aspects and movements of belly dance. This form of dance, as any other, helps strengthen the body and helps embrace the beauty and strength within our sacred body. We will find meaning on how different movements and using different parts of our bodies connect us to our spiritual selves, also connecting us to the universe around us. Please bring water, comfortable clothes to dance in, and make sure you are in good enough health to do exercise.

**Pre-requisite is you have to have attended Part one (page 6) first!** In the Part two class we will learn upper body movements. We will combine upper and lower movements to form different combination's. If there is time we'll do some free style dancing!

#### **Deepening your Practice through Self Discovery**

**Facilitator: Jenny Edwards**

Spend some time exploring the narrative of your life and actively shaping the next chapters. We will spend a part of the discussion finding ways to apply our experience directly to our practices, advancing our craft and honing our spiritual purpose. **\*\*Please bring your journal or loose paper and a pen/pencil.\*\***

#### **You are the Rainbow Bridge, An introduction to Chakras**

**Facilitator: Sharon Hill**

Chakra has become a household word. Most of us even nominally interested in esoteric spirituality know a little about chakras. This will be an opportunity to learn a little more. Come join us as we investigate and apply knowledge about our personal energetic system and ties to Universal energy. We will talk some and play some with the energies and correspondences of the chakra system, focusing on the seven main energetic points, corresponding to the seven colors of the visible spectrum, making each of us a Rainbow Bridge between the material and non-material planes.

## SUNDAY

**9:00 - 11:00 AM**

### Learning Circles, continued

**9:00 - 11:00 AM**

**78 Card Pickup – A Tarot Spread Workshop**

**Facilitator: Becky Starr**

This workshop will look at Tarot spreads for a variety of uses. We will explore several different layouts and discover the best spread for the type of information desired – from easy 3 card spreads to more elaborate 15 card ones. Some experience with tarot is recommended, but not required. Bring your decks to use for readings or to share!

**11:30 AM - 1:00 PM**

### Lunch & CSQ Annual Meeting

**11:30 AM - 1:00 PM**

Please join us for Lunch in the mess hall. Food will be served from 11:30 AM - 12:30 PM. Afterward, the CSQ Annual Meeting will be held, in which we will elect new Board Members. For more information on Board Elections, please see page 21.

**1:15 - 2:15 PM**

### Closing Ritual

**1:15 - 2:15 PM**



In our Closing Ritual Sunday afternoon, we will gather in our small groups one last time and express our gratitude and speak the intentions we will carry home with us. We will honor and acknowledge the relationships formed and work done this weekend.

Feel free to wear your traveling clothes as we head back to our daily routines.

**2:15 PM**

### Spirit Gift Exchange

**2:15 PM**

One of our Quest traditions is the Spirit Gift Exchange. Anyone who brings a gift can participate. It's simple: bring a gift to share, take home a gift. This can be a way to share your artistic talents (or your favorite local artist), a secret about your path, or a gift you found in one of your sacred places in nature. Give from your heart. A note to explain your gift is always appreciated. There will be a table in the dining hall to collect the gifts. Gifts may be picked up after the closing ritual.



**2:15 - 3:45 PM**

### Site Cleanup & Check Out

**2:15 - 3:45 PM**

It is very important that we return the Site to the condition it was in before we arrived for Spirit Quest. The Staff consists of volunteers, who also pay to attend the event. Your cleanup check will be returned at 3:30 PM on Sunday to all participants who have helped clean the site.

## Learning Circles

Welcome to Carolina Spirit Quest, where you will see familiar faces, make new friends, and have an opportunity to learn some amazing things. We have a diverse offering of Learning Circles from Mead Making and Fabric Dyeing to Energy Work and Journeying. Our Learning Circle presenters are experienced and enthusiastic. We are excited about these Learning Circles because we think there is something for everyone! Please register early as participation in some Learning Circles is limited.

**Please Note:** Learning Circles are subject to change. Please check with the web site, or the Learning Circle Coordinator on site, for any changes or additions during Spring Quest.

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Beginners Bellydance and		the Sacred Body: Part 2	10
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## Presenter Bios

**Becky Starr** is an instructor by passion and training with interests in many areas. Currently, she is in the final stages of opening Starrlight Mead, a honey winery, expected to open in Spring 2010 in Pittsboro, NC. In the Pagan world, she finds herself a frequent workshop leader for Celebrate the Circle, the CUUPS chapter of Unitarian Universalist Congregation of Hillsborough, and at events for Carolina Spirit Quest, including both Spring Quest and Winter Quest. Becky is a past President and Vice President on the Board of Trustees for CSQ. Becky is an eclectic pagan, a Priestess of Isis and Freyja, and has been working with the tarot for about 10 years.

**Ben Starr** has made more than 150 gallons of mead. Ben and Becky are opening a commercial meadery, Starrlight Mead, in Pittsboro later this year. Ben has won several awards for his mead, including Best in Show at the International Mead Festival. Ben has taught several mead making classes for Quest, beekeeping organizations, brew shops, and anyone else who will listen.

**Chrissy Forsythe** is an eclectic Pagan from Pittsboro, NC. She started on her path back in high school and has been slowly incorporating much of what she

*(Continued on page 13)*

## Learning Circles (Presenter Bios - cont.)

does into my spiritual life. For her, that is art, music & dance. Although she doesn't dance nearly as much as she would like, she likes to dance and encourage others to dance with her. She chose Bellydancing in particular because of the deep connection to the Goddess. A dance by women and for woman as preparation for childbirth. 'It makes me feel beauty on the inside as well as being connected to all that surrounds me and I love to share that with others.'

**Cindy Williams** lives in NC and has 2 kids, a husband and 2 cats. She rediscovered Paganism about 15 years ago. At this time she is mostly eclectic. She studied vexillology – a study of flags – which lead her to an interest in prayer flags.

**Cynthia Campbell** is a full-time mom and has been active with various groups in the NC pagan community since 2001. She is currently most active with Iðavelli Hof, where she runs the monthly children's program; and Carolina Spirit Quest, where she is currently serving as President, Spring Quest 2010 Co-director, and Winter Quest 2011 Director. She loves craft projects of just about any kind and enjoys sharing her crafting passion with the children. Cynthia lives in Hillsborough with her husband Dan, two daughters, and her cat Blazey.

**Jaden** has been a solitary practitioner of Wicca in the Celtic tradition in Johnston county for the past two and a half years. She is married with two children and teaches high school.

**Jenny Edwards** has been practicing Witchcraft alone and in groups for the last 13 years and is a therapist by trade.

**Kimberly S. Burton's** spiritual practice is guided by the desire to learn how one's life can achieve its highest spiritual ideals. For 30+ years, she has conducted personal research and professional scholarship related to historical and modern interpretations of Pagan/fringe traditions, including Gardnerian, Alexandrian, and Dianic Wicca; Egyptian, Greco-Roman, and Ritual Magic; Norse Heathenism; Gnosticism and Kabbalah. Her personal practice is generally semi-solitary, eclectic/Celtic Wicca—the Morrigan and Athena are longstanding touchstones for her magic, prayer, and meditation. The study and practice of tarot, herbalism, animal behavior, kitchen witchery, and fine art, and dance are all aspects of her Craft. Professionally Kim has instructed medieval, Renaissance, and fantasy literature courses as well as writ-

ing across the disciplines. She continues to learn every day.

**Opal** is an active member of Hearthfire; a group that meets together for ritual to celebrate the wheel of the year. Her spiritual path is eclectic, though she is strongly influenced by the Reclaiming tradition.

**Sharon Hill** is a licensed clinical social worker. She has been practicing paganism for approximately 10 years. She started studying chakras long before that. She has taught workshops at Carolina Spirit Quest and Celebrate the Circle. She has presented a six hour Quest Special on chakras and facilitated a women's chakra group for approximately six years. She has published chakra articles in the CTC newsletter.

**Stephanie Taylor**, having followed a Celtic path since 1999, discovered several years ago that Heathenry was what she was looking for (or to be better put, Freyr smacked her upside the head with a cosmic two-by-four). Stephanie continues her study of pre-Christian Celtic societies in addition to her other interests such as seiðr, runes, spinning, mead making, and much more. Stephanie has many years of experience serving as a Board member of Carolina Spirit Quest as well as serving as co-director for CSQ's Spring Quest event. Stephanie lives in Durham with her feline child, Peanut.

# Rituals

## Celebrating the Joy Within - Rituals

Rituals are the heart of any Carolina Spirit Quest event. Spirit is our middle name, pun intended. This year's rituals have an elemental theme and will weave the energy of the rituals, the spiritual element of Spirit Quest through all the activities of the weekend. You are welcome to choose an elemental cohort (think temporary, time limited coven) during the opening ritual, or you may spend some time prior to quest meditating and working with elemental energies in order to maximize this opportunity. Of course, as we all know, Spirit may change your plans, but if you wish to prepare to work a particular path, you may bring ritual garb and altar items to support your expression of this element.

We will have much fun as we nurture our Spirits and share spiritual nurture with the community. As in everything in life, you receive in direct proportion to what you bring, so bring big cups to fill and share as we celebrate the Elemental Energies and Powers of our pagan path.

As Spring Quest is a family event, children are welcome at all rituals. No special dress is required for the rituals, although many people do enjoy dressing up in their favorite ritual attire.



## Opening Ritual

In our Opening Ritual Friday evening, each attendee, including the children, will be asked to join an elemental cohort: Air, Earth, Water, Fire or Spirit. They will work with this cohort all weekend to deal with the issues this element represents, embody the powers of the element, and teach the rest of the community more about the gifts and challenges of the element.

## Main Ritual

In the Main Ritual Saturday evening, each participant and each cohort will deepen their understanding and relationship with the elemental energies they have chosen to work this weekend and create an opportunity for the community to experience this energy. This takes advantage of the truth that we learn by teaching and we only truly know that which we can teach others.

## Closing Ritual

In our Closing Ritual Sunday afternoon, we will gather in our small groups one last time and express our gratitude and speak the intentions we will carry home with us. We will honor and acknowledge the relationships formed and work done this weekend.

Feel free to wear your traveling clothes as we head back to our daily routines.

## Self-Guided Ritual Opportunities

Camp Royall is a beautiful, spiritual place. If you would like to conduct a personal or small group ritual, please let the CSQ staff know. We are happy to help you find a space for your rite.





## Children's Program

The CSQ family is growing every year. We invite you to allow your children to take part in their own separate, special program designed with just them in mind. This is most appealing to children age 12 and younger.

This year the children's program will be organized by **Cynthia Campbell**.

### Learning Circles for the Children

Children's Learning Circles will be offered during the normal Learning Circle times on Friday afternoon, Saturday morning, Saturday afternoon, and Sunday morning. **You can drop off your children at the children's workshop area 5 minutes before Learning Circles are to begin to allow you to be on time for your workshop. All children will need to be picked up within 10 minutes of the end of the scheduled Learning Circle times.** Please remember to sign in your child/ren when they are dropped off and sign them out when picked up.

Some snacks and a drink will be provided during Children's Learning Circles, but you may bring any drinks or snacks you would like for your child (please label them with your child's name).

**Assistants are needed during the Learning Circle times, and parents are encouraged to sign-up. This represents an opportunity to play with the kids during your community service shift!**

### Planned Activities



#### **Saturday Morning**                      *Elements for the Community*

The children will help decorate quilt squares in elemental colors that will become a permanent altar cloth for our community altar and our ancestor bowl. This quilt will travel to all Quest events, and is destined to become one of our community's sacred items.

#### **Saturday Afternoon**                      *Wearing the Elements*

The children will be decorating themselves with body art using henna, temporary tattoos, and/or face paint, with our elemental ritual groups in mind. We will have the children decorated and ready for the main ritual Saturday evening!

#### **Sunday**                                      *Taking the Elements Home*

The children will be making an altar item – or items – to represent the element they will be working with during the weekend, or they may choose to make an altar set of items representing each of the elements. We will also burn discs with pictures of the children's weekend to take home.

**Meal Times and Snacks:** Children are encouraged to gather at the bell before lunch and dinner with their parents - we will have a brief announcement session and blessing of the meal. Then children (with an assisting parent if necessary) will be at the head of the serving line. Also, look for the popular snack table, that is accessible in-between meals, for children of all ages!

**Photos:** Throughout the weekend we will be taking photos of the children that will be used to make mementos of their time at Quest in the Sunday morning workshop. If you would prefer that no photos are taken of your child, please let us know when you sign them in.

**Clothing:** Keep in mind that kids will get messy during planned activities, so dress them accordingly and bring a spare change of clothes and shoes to the Children's Learning Circles.

## Miscellaneous Information

### Camp Royall

Camp Royall is located near Pittsboro in central North Carolina , about a 4 ½ hour drive from the northeastern part of the state and a 6 hour drive from the extreme western part. Camp Royall is a little less than 20 miles from I-40 at Chapel Hill. Camp Royall has gently rolling terrain with all walks and paths between buildings and amenities on a grade of 5% or less, making it completely wheelchair accessible. While woods surround the site, there are several large open areas. Camp Royall is located on the site of an old family farm. Sights and sounds (rather the lack of noise) of rural North Carolina abound. The dining hall and gymnasium face a small pond. Camp Royall opened in 1997.

Some of the site buildings include: Dining hall, craft center, gymnasium, pool and bathhouse, playground, basketball court, volleyball pit, playing field, campfire circle and another outdoor circle near the cabins, small pond, hiking trails. The Dining hall contains a nice large fireplace at one end and a front porch complete with rocking chairs at the main entrance. The dining hall has nice windows all around to give you a lovely view from any spot.

Break out space is at a premium. There is a large covered pavilion, the mess hall, craft building, and common room within each cabin. This would give us space for six workshops and vendor village. Not to mention the hiking trails, fire circle, dock, and many more spots for quiet reflection.

Also at Camp Royall our children can truly be children at the large playground area featuring swings, sandbox, slides, a small ropes course, and plenty of room to run.

Learn more about Camp Royall: <http://www.autismsociety-nc.org/>

### Lodging

Maximum capacity at Camp Royall is 116. Camp Royall has four cabins, two that sleep 30 and two that sleep 28 and each featuring a common room, bunk beds, and several private rooms. All of the of the cabins have ramps and are handicapped accessible. Linens are NOT provided, please bring your own linens or sleeping bag, pillow, and towels. Each bathroom has private toilet and shower stalls and is handicapped accessible. Also, there is air-conditioning in all buildings except for the bathhouse at the pool.

Limited tent camping space is also available; please contact us for further information.

There will be **NO flame or fire of any kind in the cabins**, this means no incense, candles, or smoking.

### Carolina Spirit Quest Rules

- Consent Requirement - *"It is the responsibility of the initiator of any sexual or other physical contact to positively ensure that consent is given before engaging in such contact."*
- No pets.
- To ensure the safety and well-being of all our members, we ask that parents maintain supervision of their children at all times unless other arrangements have been made. If a child is overly disruptive during the Children's Learning Circle times, the parent will be notified within their own Learning Circle and requested to remedy the situation.
- Certain areas - such as the kitchen - can be dangerous for our younger participants, and because of this, these areas will be placed off limits. We request that, for your children's safety, you make sure they abide by these rules.

# Miscellaneous Information

## Distances and Approximate Driving Times to Camp Royall



Start	Time (hh:mm)	Miles
Raleigh, NC	0:44	36
Durham, NC	0:48	31
Chapel Hill, NC	0:33	23
Greensboro, NC	1:06	50
Asheville, NC	3:38	220
Charlotte, NC	2:20	135
Knoxville, TN	5:27	332
Columbia, SC	3:39	189
Greenville, SC	3:53	232
Greenville, NC	2:00	117
Wilmington, NC	2:41	163

## Driving Directions

Driving directions will be sent out with the registration packet. Please see page 20 for more information.



## Miscellaneous Information, continued

### In An Emergency

In case of any emergency onsite, please contact any Staff member. We expect to have personnel trained in emergency medicine available on site. Staff will be able to contact Chatham County EMS. If you must be in touch with office or sweetheart, bring your cell phone.

### Safety

No one can guarantee your safety. Read and honor the rules created for your own protection. We want everyone to have a safe Spirit Quest. There will be NO flame or fire of any kind in the cabins, this means no incense, candles, or smoking. *There is no smoking allowed inside any camp structure.*

### Food

Omnivorous and vegetarian meals will be provided from Friday dinner through Sunday lunch. Participants with special dietary needs should indicate them in the space provided for special needs on the registration form. See pages 19-20 for more information on registration.

**Meal Times and Snacks for children:** Children are encouraged to gather at the bell before lunch and dinner with their parents - we will have a brief announcement session and blessing of the meal. Then children (with an assisting parent if necessary) will be at the head of the serving line. There will be special "kid friendly" selections available. Also, look for the popular snack table, that is accessible in-between meals, for children of all ages!

### Vending

Vendors will have permitted hours of operation from 8:00 AM until midnight and be located in a single area to help promote foot traffic. **The fee for vending is \$10.00 and a donation of an item for our Magickal Auction is required. Event registration is also required to vend at Spring Quest.** Indoor space, seating, tables, or tents are not provided; however, electricity is available for a \$5.00 fee. Your vendor fee includes a free link to your website on the CSQ website as soon as you register, and it will remain there for one year. For more information please contact [info@carolinaspiritquest.org](mailto:info@carolinaspiritquest.org). Please **include the vending form on page 22** with your event registration.

### Community Service Shift

Each person attending Spring Quest is required to sign up for at least one two-hour community service shift during the weekend, **in addition to the Site Clean-up shift on Sunday**. It is necessary that everyone take part in this shared labor for the gathering to function pleasantly for all participants. A list of available community service shifts will be sent in the Registration Packet. Please sign up for a job at Check-In when you arrive.

### Site Cleanup

It is very important that we return the site to the condition it was in before we arrived for Spirit Quest. The Staff consists of volunteers, who also pay to attend the event. In order to encourage all of the participants to help in this last community effort, we require that all registrants include a **separate \$25 check as a refundable deposit for site cleanup**. This check will be returned at 3:30PM on Sunday to all participants who have helped clean the site.

# Registration Procedures

## Registration Forms

Please fill out registration forms completely. Please fill out, front and back, one form *per person*. When selecting Learning Circles, please indicate a **1st** and **2nd** choice for each timeslot, and make note of any Learning Circle fees. Information on the forms is never made available to anyone outside of the staff. However, new registrants are added to our mailing list. Our mailing list is not shared outside of CSQ. Age and gender questions are for registration statistics.

Printable versions of the registration forms and this packet are available for download in Portable Document Format (PDF) on our web site. Online registration via PayPal is also available on the web site. Please help us spread the word to everyone interested. <http://www.carolinaspiritquest.org/>

## Registration Deadline & Refund Policy

To avoid the \$25 late fee, your registration forms and payment must be postmarked **no later than April 3rd, 2010**. Online registration must be done **before midnight (EST) on April 4th**.

Refund of registration fee, less \$10 for handling, will be made if cancellation is in the hands of the **registrar in writing by April 4th, 2010 at midnight**.

### COSTS & FEES:

- **Registration fees:**

Adult Registration:

CSQ Member Registration: (use this choice only if you wish NOT to be a member of CSQ) = **\$105**

**One day rate:** = **\$60**

**6-11 years:** = **\$55**

**5 years and under:** = **Free**

- **Learning Circle fees:** As described on Learning Circle pages & Registration Form.
- **T-Shirts:** Use registration form to select sizes and quantity. **Your registration must be postmarked, or submitted online, no later than April 3 if you wish to order t-shirts or sweatshirts.** See page 20 for more info about Shirts.
- **Cleanup deposit:** \$25 per participant on a separate check (for return). See page 18.
- **Late fee:** \$25 if registration is not received or postmarked before April 3, 2010. Online registration must be completed before midnight (EST) on April 4th, 2010.

Financial Assistance is available. Please see application on page 23.

## Mail Registration Forms to:

Carolina Spirit Quest  
PO Box 61335  
Durham, NC 27715-1335

## Registration Procedures, continued

### T-Shirts & Sweatshirts

Participant t-shirts and sweatshirts will have the CSQ 2010 logo in on them. Participant shirts will be maroon. Staff shirts will be forest green. These Gildan pre-shrunk, 100% cotton T-shirts and sweatshirts **must be ordered when you send in your registration**. Shirt sizes and costs are shown below and on the registration form:

Children's T-shirts: XS, S, M, L, XL	\$14	Children's Sweatshirts: XS, S, M, L, XL	\$20
Adult T-shirts: S, M, L, XL	\$14	Adult Sweatshirts: S, M, L, XL	\$20
Adult T-shirts: 2XL, 3XL*	\$16	Adult Sweatshirts: 2XL	\$22



**Shirt orders on registrations postmarked or submitted online after April 3, 2010 will not be filled.**

### Sign-in on Site

Sign-in and Registration will be in the craft center and will be staffed Friday, 3:00 - 7:30 for registration, and again Saturday morning after 8 AM. You must sign-in and choose your cabin upon arrival.

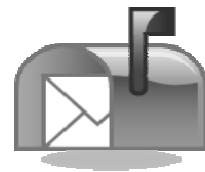


**Early Arrival on Site:** Spring Quest begins with the Friday afternoon Learning Circles. Everyone is welcome Friday, but **participant arrival before Friday is not permitted**. Thank you for your understanding!

### Registration Packets

Registration Packets will be mailed out before the event and will include helpful information to help make your experience at Spring Quest 2010 more enjoyable. Each registration packet will include information such as:

- Driving directions to Camp Royall
- Suggested list of things to bring
- Information on special programs and activities
- Information on Community Service Shifts



T h e

## CSQ Annual Meeting - Nominations and Elections

According to the Bylaws, three (3) At-Large Board Members shall be elected each year at Spring Quest. Further, elected trustees take office immediately after Spring Quest, serve terms of two (2) years, and may serve not more than two consecutive elected two-year terms.

Trustees must attend Spring Quest, and all meetings of the Board held during their terms of office. Currently there are four meetings per year - scheduled for Friday night, Saturday all day, Sunday to mid-afternoon in May, August, November, and February. Board meetings must be held within North Carolina, South Carolina, or Virginia. The next Board meeting will be May 21-23, 2010. Board members are expected to make every effort to be available for emergency meetings and/or conference calls, and respond promptly to messages from other board members.

Nominations must be delivered to the Secretary, Steph Byrd, not later than 9:00 AM EST Sunday, April 18, 2010. They must be in writing, stating the full names, addresses, phone numbers, and email addresses of both the nominee and three nominators. The nominators must certify that the nominee is willing to serve on the Board. The nominee and nominators must be members of Carolina Spirit Quest in good standing and present at Spring Quest.

Voting takes place during the Spring Quest by written ballot. All members in good standing who are eighteen years old or older who registered for the Spring Program by Midnight (12:00 AM) of Friday, April 18, 2010 are eligible to vote. Absentee voting is not allowed. Nominees must attend the Spring Quest at which they are nominated.

Therefore, nominations are open for three (3) two-year terms.

The duties of the Board are:

- Make overall policy, direct and control CSQ affairs
- Appoint a Treasurer, who may or may not be an elected trustee
- Appoint the Director(s) of the program(s) for the current year
- Appoint the Director(s)-elect for the following year
- Approve the budgets
- Be willing to help with the work of the Board.

The officers of CSQ are a President, a Vice-President, a Secretary, and a Treasurer. The Treasurer is an appointed position, who may or may not be a current member of the Board. The Treasurer's term runs from August 1 to July 31. The Board names the Officers.

Board Members with terms ending at Sprint Quest 2010:

Al Dunmore (Member at Large - expires Spring 2010)

Board Members with terms continuing:

Cynthia Campbell (Spring Quest Co-Director 2010 - expires April 2011)

Stephanie Taylor (Spring Quest Co-Director 2010 - expires April 2011)

Dick Merritt (Treasurer - expires July 2010)

Steph Byrd (Member at Large - expires Spring 2011)

Chrissy Forsythe (Member at Large - expires Spring 2011)

We thank you for your dedication to Carolina Spirit Quest!

## Vending Registration

Join us in 2010 at the Vendor Village. Vendors will have permitted hours of operation from 8:00 am until midnight and be located in a single area to help promote foot traffic. The fee for vending is \$10.00 and a donation of an item for our Magickal Auction is required. Event registration is also required to vend at Spring Quest. Only outdoor space is available and seating, tables, or tents are not provided. For an additional \$5.00 we can provide you with electricity. Your vendor fee includes a free link to your website on the CSQ web site as soon as you register and it will remain there for one year. For more information please contact Stephanie Taylor at aine0021@yahoo.com

Vendor name: \_\_\_\_\_

Vendor's website: \_\_\_\_\_

Vendor contact information: \_\_\_\_\_  
\_\_\_\_\_

Type of goods Vendor will be selling: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Please Circle

Electricity:                      Yes                      No

Please include Vending fee with submission of vendor form to:

Carolina Spirit Quest  
PO Box 61335  
Durham, NC 27715-1335.

Refund of vending fee will be made if cancellation is in the hands of the registrar **in writing By April 2, 2010 at midnight.** *Vending registration is not complete until event registration has been received and paid.*



## Financial Assistance

### Carolina Spirit Quest 2010: Bart Wendell Scholarship Application Form

**\* All applications must be postmarked by April 1, 2010 \***

Carolina Spirit Quest offers financial assistance, in the form of the Bart Wendell Scholarship, to help community members that might otherwise be unable to attend Quest. Everyone attending Quest is eligible to apply for a scholarship of up to half of their registration fee. This does not include Learning Circle Fees, clean-up deposit, CSQ membership, or other fees/costs. If you wish to apply, we ask that you fill out a registration form and send it along with a sliding scale deposit of \$10 to \$20 and a completed Financial Assistance Form to our PO box. It must be postmarked by April 1, 2010. All applications will be reviewed at once by the scholarship committee. Please note the agreements at the bottom of the application form. Please understand you may not receive the entire amount you request. We will try to accommodate as many people as possible..

Applicant's Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Email Address: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

Please state the exact amount you are requesting: \$ \_\_\_\_\_

Please state why you are requesting this scholarship:

By signing below, I understand the following about the scholarship application:

1. I understand I may not receive the entire amount of the scholarship I request.
2. I understand if I receive a scholarship, I need to accept or decline my scholarship to the committee by email or telephone by the stated deadline or forfeit my scholarship. It will then be available to other people.
3. I understand if I do not mail any balance due on my registration by the stated deadline, I will forfeit my scholarship.
4. I understand CSQ will have a copy of all scholarship information at registration.

Signed \_\_\_\_\_

Date \_\_\_\_\_

Please mail the application along with your deposit of at least \$20 to:

Carolina Spirit Quest, Scholarship Committee, PO Box 61335, Durham, NC 27715

**If you wish to make a donation to the scholarship fund, please make out a check to CSQ, marked for the Bart Wendell Scholarship Fund, and send it to our PO Box. Our postal address is shown above.**

Questions? Email us at [info@carolinaspiritquest.org](mailto:info@carolinaspiritquest.org)

## Carolina Spirit Quest - Spring Quest 2010

### Learning Circle Registration

\*\*\* Please fill out, front and back, one form per person \*\*\*

\*\*\* Please indicate First and Second choice for each time period \*\*\*

Feel free to leave any time period blank for free time

#### Friday Afternoon Learning Circle 4:30 - 5:30 PM

Choice	Learning Circle Name	Fee
	Newcomers Circle	

#### Saturday Morning Learning Circles 9:00 - 11:00 AM

Choice	Learning Circle Name	Fee
	Fun with Honey and Yeast	\$10
	Beginners Bellydance and the Sacred Body: Part 1	
	Cooking for the Seasons	
	Magic from the Garden - Herbal Magic	
	Prayer Flags - Symbols and Prayers	
	Free Time	

#### Saturday Afternoon Learning Circles 3:00 - 5:00 PM

Choice	Learning Circle Name	Fee
	Crafting a Book of Soul	
	Collaborative Ritual	
	Practical Use of Healing Herbs	\$5
	Introduction to Tarot	
	Free Time	

#### Sunday Morning Learning Circles 9:00 - 11:00 AM

Choice	Learning Circle Name	Fee
	Beginners Bellydance and the Sacred Body: Part 2 (must have taken Part 1)	
	Deepening your Practice through Self Discovery	
	You are the Rainbow Bridge, An introduction to Chakras	
	78 Card Pickup - A Tarot Spread Workshop	
	Free Time	

Learning Circle Fees Sub-Total:

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## Carolina Spirit Quest - Spring Quest 2010

### Registration Information:

Full Name:

Name for Badge:

Street:

City, State, ZIP:

Phone:

E-mail:

### Emergency Contact Info:

Name/Relationship:

Phone Number:

Address:

Special Needs / Medical Alerts:

### Statistical Information

Gender:

Age:

Dietary needs:

Sponsored Minor w/ Non-Parent?

Do you have a medical background that might help us in an emergency? If so what?

### Fee Schedule

	Rate	Amount
<b>Select ONLY One</b>		
If you hold an unused voucher from a previous CSQ event, contact the registrar		
Fulltime Adult Registration	\$105	
Child Registration: age 6-11	\$55	
Child Registration: 5 years and under	Free	
One Day Pass	\$60	

#### *Select as necessary:*

Learning Circle Fees (from previous page)	Var	
Late Fee (postmarked after 4/4/08)	\$25	

Shirts (Checks must be post marked by 4/4/08)	Quantity		
Adult T-shirt Size (Circle):    S   M   L   XL		\$14	
Adult T-shirt Size (Circle):    2XL   3XL		\$16	
Adult Sweatshirt Size (Circle):    S   M   L   XL		\$20	
Adult Sweatshirt Size (Circle):    2XL		\$22	
Children T-shirt Size (Circle):    XS   S   M   L   XL		\$14	
Children Sweatshirt Size (Circle):    XS   S   M   L   XL		\$20	

#### **Required (A separate check is required for each participant)**

Clean up Fee (per participant)		\$25	
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### **Total Enclosed**

**Make checks payable to: Carolina Spirit Quest**

**Mail to: Carolina Spirit Quest - Spring 2010, PO Box 61335, Durham, NC 27715**

**REFUND POLICY:- Refund of registration fee, less \$10 for handling, will be made if cancellation is in the hands of the registrar in writing by April 4, 2010 at midnight.**