

Carolina Spirit Quest

Presents

Spring Quest 2004

"Our Magical Paths, Our Sacred Community"



April 16-18, 2004

Camp Lapahio at

William B. Umstead State Park, Raleigh, NC

Visit our website at <http://www.CarolinaSpiritQuest>

William B. Umstead State Park, Raleigh, NC

A detailed map of the William B. Umstead State Park area. The park is shown as a large, shaded, irregularly shaped region in the center-left. To its north is the 'Unstead Parkway' with an airplane icon. To its east is 'Glenwood Church Rd.' and 'Isaac K. Ridge Rd.'. To its south is 'Harrison Avenue' and the town of 'Cary'. The map shows a network of roads including US-40, US-70, US-440, US-1, and NC-64. Directional arrows point towards 'To Durham', 'To Chapel Hill', 'To Wake Forest', 'To Zebulon', 'To Raleigh', 'To Sanford', and 'To Wilmington'. An inset map in the upper right shows the location of the park within North Carolina, with major cities like Charlotte, Greensboro, and Durham marked. A north arrow is in the top right corner.

Carolina Spirit Quest,
PO Box 61335, Durham, NC
27715-1335.

Director's Welcome

Hail and Merry Meet,

The Staff cordially invites you to attend Carolina Spirit Quest's Spring Quest 2004. Our theme this year is "Our Magical Paths, Our Sacred Community". This theme views the year between the CSQ Spring Events as the path leading into and out of a labyrinth, with the Spring Quest Weekend embodying the community placed at the center of the labyrinth. The emphasis for the 2004 Spring Event is that the community we form together is strengthened and enriched by the diversity of our individual spiritual paths.

At past Spring Quest events, we wove our diversity into a Magical Tapestry (2000), explored the depth and breadth of pagan traditions by Spreading Our Wings (2001), integrated our spiritual and everyday lives by Bringing Home the Magick (2002), and proudly celebrated our religious freedom by Stepping into the Light (2003). The twists and turns of Spring Quest events continue to bring us closer to our individual and collective centers.

And when we return to the center of the Spring Quest labyrinth, we will share our paths, celebrate our diversity, and rejoice in our community. So whether your practice is Eclectic or Traditional, Asatru or Wiccan, Druidic or Vedic, Ancestral or Techno, come prepared to share the gifts of your path and the paths of others through learning circles, rituals, community service, and fireside chats. As well, bring a flask of water from your journey, for when we come together in the center, we will symbolize the joining of our community by filling our cauldron from our individual spiritual wells.

Our Program embraces many paths. Bill Elston is offering a weekend long intensive on the Celtic Oghams. Other learning circles explore Shamanism, the Warrior Path, Wicca, Native American Healing, and West African Poly-rhythmic Percussion. Learn to blend your own incense, build a labyrinth, create a bamboo and tissue paper lantern, or weave a dream catcher. Drum and dance until the wee hours. This event blends a repeat of favorite Quest subjects with spicy new offerings for some surprising twists and turns in our weekend.

For CSQ veterans, come to an unexpected venue - a magical campsite in the midst of Raleigh - Camp Lapihio, at William B. Umstead State Park. This site offers many of the amenities of our familiar Camp Millstone combined with

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some interesting differences (for example, no top bunks).

For first-timers, we offer a Newcomers' Workshop on Friday to help you get the most out of the weekend. If you can't make the whole weekend, check out the day rates on the registration form.

Come celebrate with us in Sacred Community as we share our Magical Paths.

~ Signed *Tamira Buckingham*

www.CarolinaSpiritQuest.org

Schedule

Friday, April 16

- 11:00 - 1:00 Sign In/Registration for Friday afternoon learning circle participants
- 12:00 - 1:00 Lunch for Friday afternoon learning circle participants
- 1:00 - 4:00 Learning Circles
- 3:00 Gates Open - Registration for all participants
- 4:30 - 5:30 Newcomers' Circle
- 5:30 - 6:30 Dinner
- 6:30 - 7:00 Director's Welcome & Staff Introductions
- 8:00 - until Opening Ritual
- After Ritual Pyromancy, Drumming, Belly Dancing learning circles; Chanting, Bardic Circle, and Remote Fire Circle

Midnight Quiet Time (noisy activities move to remote fire circle)

Saturday, April 17

Note: The Silent Auction runs all day (closes after ritual dessert).

- 7:30 - 8:30 Breakfast
- 9:00 - 11:00 Learning Circles
- 11:20 Gather at the Bell - Announcements & Blessing Circle
- 11:30 - 12:30 Lunch
- 12:30 - 1:00 President's Address
- 1:30 - 2:30 Keynote Event
- 3:00 Deadline for Nominations-Board Candidates (deliver to Secretary)
- 3:00 - 5:00 Learning Circles
- 5:00 - 5:45 Rainbow Bridge (Memorial) Ritual
- 5:50 Gather at the Bell - Announcements & Blessing Circle
- 6:00 - 7:00 Dinner
- 7:00 - 7:30 Introduction of Board Candidates and Proposed By-Law changes
- 8:00 - until Main Ritual
- Immediately After Ritual Dessert and Live Auction of Goods & Services
- Later Bardic Circle and Drumming & Dancing at Remote Fire Circle
- Midnight Quiet Time (noisy people go to remote fire circle)

Sunday, April 18

- 7:30 - 8:30 Breakfast
- 9:00 - 11:00 Learning Circles
- 11:20 Gather at the Bell - Announcements & Blessing Circle
- 11:30 - 12:30 Lunch
- 12:30 - 1:00 Election (Board and By-laws) and CSQ Annual Meeting
- 1:15 - 2:15 Closing Ritual followed by Spirit Gift Exchange
- 2:15 - 3:45 Clean up and Check Out



Description of William B. Umstead State Park

We will be using Camp Lapahio at William B. Umstead State Park as our venue this year.

Facilities: Group camping: Three group camps: Camp Crabtree, Camp Lapihio and Camp Whispering Pines—are available to youth groups and nonprofit organizations. Each camp includes a mess hall, dining area, camper and staff cabins and washhouses. Located in the heart of the woodlands, each camp offers ample opportunity to explore the wonders of nature. Swimming in Sycamore and Reedy Creek lakes is a popular group activity. Groups are responsible for providing swimming supervision and water safety.

Group camps are open April through October and may be rented daily in spring and fall or weekly during the summer. Accommodating between 27 and 120 people, an entire camp may be rented or a unit of cabins may be rented. Fees vary accordingly. A minimum of 10 people is required to rent a group camp or unit.

See the Park web site for information on other features of the Park, which includes trails, museum, and visitor center.

Park History: Long before the first settlers, the area now known as William B. Umstead State Park was an untamed land. American bison, elk, bobcats and wolves roamed majestic forests of oak, hickory and beech. Native Americans later inhabited the land and avenues of trade were developed nearby. Such avenues included the Oconechee trail to the north and the Pee Dee trail to the south. In 1774, land grants opened the area for settlement.

Forests were cleared as agricultural interests sprouted. While early farming efforts were successful, poor cultivation practices and one-crop production led to depletion and erosion of the soil. During the Depression, farmers made futile attempts to grow cotton in worn-out soil around Crabtree Creek.

In 1934, under the Resettlement Administration, federal and state agencies united to buy 5,000 acres of this submarginal land to develop a recreation area. The Civilian Conservation Corps, as well as the Works Progress Administration, helped construct the site while providing much needed jobs. Four camps along with day-use and picnic facilities were built and the park opened to the public in 1937.

The state purchased this area, known as Crabtree Creek Recreation Area, for \$1, and more facilities were built as the General Assembly made its first state parks division appropriation in the 1940s. In 1950, more than 1,000 acres of the park were established as a separate park for African-Americans. This area was named Reedy Creek State Park. Crabtree Creek Recreation Area was renamed a few years later after former Governor William Bradley Umstead because of his conservation efforts. In 1966, the Crabtree Creek and Reedy Creek areas were united under the same name; William B. Umstead State Park was open to everyone.

Directions to Umstead State Park

The Crabtree Creek section of Umstead State Park is located 10 miles northwest of Raleigh, NC, off US 70 just south of Raleigh-Durham Airport (RDU) . The park visitor's center and camping facilities, including group Camp Lapihio, are located in this section at 8801 Glenwood Ave.

From the Raleigh Beltline take exit US-70 West (Glenwood Ave.). Pass CarMax and Sports Authorities, then turn left into the park entrance.

From the West, take I-40, turn northeast on I-540 and take the US 70 exit. Travel southeast on US 70, and turn right on Umstead Parkway at the park entrance

From the North, take I-85 to exit number 179, which is marked "To US 70 East." (You will be following markings toward US 70 South and RDU Airport.) Turn left at the light at the top of the ramp onto East Club Blvd. Turn right at the next light onto East Geer St. At the second light on E. Geer, turn left onto Hardee St. Continue to follow the detour signs to South US 70. (This is a construction area and details change frequently. However, it is usually clearly marked.) Go straight on US 70 for about 8 miles. Park entrance is on your right after passing the airport turn offs and the Angus Barn restaurant.

In the Park follow the signs to the group camps and Camp Lapihio. Lapihio is nearly 2 miles past the Visitor Center.

Spring Spirit Quest 2004 - Programs

Keynote Event: The Loops of the Labyrinth: A Panel Discussion

In keeping with our theme, "Our Magical Paths, Our Sacred Community", a panel discussion of various sacred paths is being assembled on Saturday after lunch. This discussion time will allow members of various paths to speak to the community and answer questions. It will also allow us the opportunity to discover more about paths that may not be our own. Join us in the Mess Hall as we discover the similarities, and differences, that bring us together and make us a stronger community.

If you would like to be a part of our panel to share your experiences and "expertise" with the community, please contact Lisa at daylily216@yahoo.com by April 1, 2004.

Drumming Circles

Drums are important links for modern Pagans to their past and to the many other pagan groups around the world. The basic rhythms created by drumming connect us to nature and to the deeper aspects of ourselves, and it is a lot of fun, too! Drumming circles will be held on Friday and Saturday nights after the end of the other scheduled activities and will continue for as long as drummers can stay awake! If you like to drum or dance to the sounds of drumming, come prepared for those activities. Bring your drum, your bongos, whatever you use to create a beat. Or, if you don't drum, the rhythm is sure to pull you into a dance. Many of the participants indicated that the drumming circles were among the best things about previous Spirit Quests.

Bardic Circle & Other Events

Other informal events will occur. Check the schedule board in the Dining Hall for the latest information. If you come up with an activity to share, put it on the schedule board so others will know.

One event, a bards' circle, is planned for Saturday night. The purpose of a Bardic Circle is to share stories, songs, ballads, boasts, promises, favorite gods/goddesses, etc. with the other participants.

Spirit Gift Exchange

One of our Quest traditions is the Spirit Gift Exchange. Anyone who brings a gift can participate. It's simple; bring a gift to share, take home a gift. This can be a way to share your artistic talents (or your favorite local artist), a secret about your path, or a gift you found in one of your sacred places in nature. Give from your heart. A note to explain your gift is always appreciated.

There will be a table in the dining hall to collect the gifts. The exchange will take place after the closing ritual. Questions? Email us at CSQuest@RTPnet.org

Community Altar

Quest 2003 will incorporate a huge central altar for everyone. Now here is your part: bring your sacred objects to place on the altar. You may want to bring a bit of cloth or a small tray for your objects. Candles are fine for this altar, but they must be contained such that they will not drip on any cloth nor fall over. Also, we all need to be mindful of how much space we use on our altar. It will be large, but so is our community. With your help, we can have a place of great beauty and satisfaction.

- There will be just a few rules for our community altar:
- Objects are sacred, so if it is not yours, don't touch it.
- Objects, including candles, must be secure and not in danger of falling over.
- You are responsible for removing your objects on Sunday afternoon — we will remind you when it is time to do that.

Rituals



The Ritual Team has been working hard to bring you Rituals that support the weekend theme, "Our Magical Paths, Our Sacred Community," raise energy, and direct it to support all our chosen Pagan lifestyles, whether it is private worship, public celebration or somewhere in-between. The Opening and Closing Rituals will be short and to the point and the Main Ritual will be tight and focused on our Working. Children are welcome at all rituals, and alternative child-oriented rituals are also an option. All Paths will be honored and many different ones will be incorporated in the Rituals. Suggested dress for the Opening and Closing Rituals is comfortable attire. As is always the case at Spirit Quest, all rituals will be designed so that everyone, regardless of physical limitations, will be able to take part.

Opening Ritual

The Opening Ritual will be Friday night to create sacred space. This is a time to leave behind our mundane worries and enter our magical weekend together.

The Rainbow Bridge Ritual

We all know the pain and grief of losing a beloved pet. Join Tammie Ward as we remember, honor and reconnect with our friends that have crossed over. Please bring any photos, poetry, toys, etc. to place on an altar. This ritual will last between 30-45 minutes. If you would like to help plan this ritual, contact Tammie Ward at thorsmountain@hotmail.com.

Self-Guided Ritual Opportunities

Umstead is a beautiful, spiritual place. If you would like to conduct a personal or small group ritual, please let the CSQ staff know. We are happy to help you find a space for your rite.



Main Ritual

Our Main Ritual will be Saturday night and will probably last 1 ½-2 hours. In this ritual we will be exploring our individual magical paths and integrating them into our larger community. Therefore it is encouraged that you come to this ritual prepared in both your dress and countenance to represent what you feel your chosen path to be.

Closing Ritual

The Closing Ritual will be Sunday afternoon to finalize the weekend and release/thank the elemental directions. Gather in Sacred Community once more before returning to our individual paths.

Catalogs and Fliers

Quest Flyer

The Carolina Spirit Quest 2004 flyer in Portable Document Format (PDF) is available for download from the CSQ web site. It will help CSQ if you will post or distribute this flyer where Pagans and other Earth-centered religionists will see it. It requires the free Adobe Acrobat Reader to view and print it. If you need Adobe Acrobat Reader, there is a link to Adobe's site.

Catalogs

Additional copies of this catalog in Portable Document Format (PDF) can be downloaded from our web site at www.carolinaspiritquest.org/2004/downloads.html.

Learning Circle Overview

Friday 1:00 - 4:00 PM

Astrology
Celtic Oghams
Creating Your Own Incense
Shadow: Revealing Your Lost Self
Lantern Making - I

Friday 4:30-5:30 PM

Newcomers Circle

Friday After Opening Ritual

Pyromancy
West-African Drumming
Belly Dancing

Saturday 9:00 - 11:00 AM

Traveling Medicine Wheels
Creating a Community Labyrinth
Celtic Oghams
Plant Medicine
I Ching

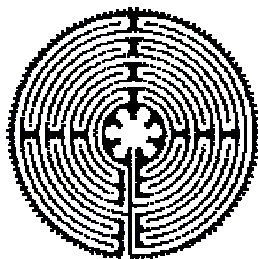
Saturday PM 3:00-5:00 PM

Gift of Pleasure -
Hand and Foot Massage
Celtic Oghams
Mother Gaia and the Golden Web
Lantern Making - II
A Place for Worship: Creating Altars

Sunday 9:00-11:00 AM

Sword-Led Meditation:
Beginning the Warrior Path
Shamanism
Celtic Oghams
The Fool's Journey: Exploring the
Major Arcana of the Tarot
Dream Catchers

Please Note: Learning circles are subject to change. Please check with the web site, or the Learning Circle Coordinator, for any changes or additions.



A Special Welcome To Newcomers

We are so glad you are with us at Quest. We invite you to attend the Newcomers Workshop 'So This is Your First Quest?' on Friday night (4:30 - 5:30). Attendance is not mandatory, but you will learn many helpful tips. Take a moment to look over the "What To Bring" list. If you think you will be lost without a certain item for the weekend, go ahead and pack it. Make sure you bring lots of ritual items, like clothing, staffs, jewelry, etc. During the Opening, Main and Closing Rituals, it is common to see participants dressed in their finest ritual garb. Robes, dresses, tunics, gowns, cloaks and capes decorated with symbols meaningful to the participants' traditions or body painting in colorful designs are worn by many. Plus, there is always lots of glitter!

Remember, you are here to have fun. If you have questions at any time throughout the weekend, please feel free to ask a Staff or Board member. We are here to help you have an enjoyable weekend. Be ready to meet many different people from many different paths. Bring an open mind and heart, and be ready to learn, teach, share, listen and make new friends. We hope you find yourself sharing YOUR Magical Path within Our Sacred Community. Welcome to Quest!

Spring Spirit Quest 2004 — Learning Circles

Welcome to Carolina Spirit Quest, where you will see familiar faces, make new friends, and have an opportunity to learn some amazing things. We have a diverse offering of learning circles (workshops) from Plant Medicine and Labyrinth Building to Medicine Wheels and Astrology. With our theme, Our Magical Paths, Our Sacred Community, you will find learning circles offered from many different paths. Our learning circle leaders are experienced and enthusiastic. We are excited about these learning circles because we think there is something for everyone!

Please register early as participation in some learning circles is limited. They are listed below. Remember, these are subject to change and other learning circles may be added, so check the website regularly.

Understanding your Astrological Chart

Facilitator: Amy

Time slot: Friday Afternoon

Have you ever wondered why you don't act like a Leo? And just what on earth is all that "My Venus is in Aries" and "My Jupiter is in Taurus" stuff? During this learning circle we will examine our individual Astrological Charts. Each of the 12 Zodiac signs has its own unique flavor. We will examine the planets and other cosmic bodies and how they influence various parts of our lives. We will also take a look at house placements to find out where traits manifest themselves. And of course, we will delve into the four elements and what exactly is that cardinal, fixed and mutable label means. And finally, how all of the pieces fit together to make your chart unique to you. To have a fully accurate astrological chart, you will need to provide the exact date, time, and place of birth. There will be a \$5 fee per participant which includes Friday lunch.

Incense Making

Facilitator: Becky Starr

Time slot: Friday Afternoon

Disconnect the smoke alarm 'cause we're making incense!! This learning circle will present a beginner's overview of making incense for personal or ritual use. We will explore the reasons for using incense, various ingredients, and magical correspondences to achieve a desired goal. We will be working with resins and herbs - including Frankincense, Sandalwood, and Rose - alone and in various combinations. Each participant will leave the learning circle with not only an ounce of each of the ingredients for future incense blending,

but also a custom blended personal incense of their own design. There will be a materials' fee for this class of \$15 to cover take-home ingredients and Friday lunch! Limit of 15 participants.

Shadow: Revealing Your Lost Self

Facilitator: Sharon Hill

Time slot: Friday Afternoon

In my youth, I sought perfection. Now, I seek wholeness. In order to know our Self in its completeness, we need to be able to see and accept all parts of ourselves. In this learning circle we will examine our Selves using some of the techniques that have been developed from the work of Carl Jung. We will talk about that part of ourselves that we are unable to see without difficult and challenging work. We will do some of this work, learning techniques and methods to explore the unexplored terrain within us. We will introduce our conscious Self to that illusive, hidden place within - The Shadow.

How is this magick? A magician must know him or herself, not just the favored parts. Come join us in claiming wholeness and with it the full power of the Self. There will be a \$5 fee per participant which includes Friday lunch.

Lantern-Making Learning Circle

Facilitators: Garry and Andrea Wakely

Time slot: Friday Afternoon & Saturday PM

Create your own flame resistant magical lantern with us using bamboo canes and tissue paper. Learn how to build stars, moons or almost any other shape you can imagine to be lit from

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within by tea light candles safely nestled in a wire "cage". Lanterns lend themselves to personalized realistic or symbolic decoration with paints, papers, feathers, bells, etc. On their own, they are an excellent way to focus energy and creativity, but together with other lanterns, they blend and transcend into a multifaceted community of magical light.

This learning circle will take three hours on Friday and two hours on Saturday, and will require the use of hot glue guns, so is not recommended for small children. PLEASE BRING YOUR HAIR DRYER - it will allow you to dry the layers of tissue paper in time to have your lantern for the procession. There will be a \$15 fee per participant to help cover the cost of materials and for Friday lunch.

So This Is Your First Quest? -

Newcomer's Circle

*Facilitators: Tammie Ward and Gryphon
Rosemead*

Time slot: Friday PM

Back for its third year by popular demand, Quest is presenting a learning circle for new folks. This fun, fact-filled mini learning circle is offered to anyone attending their first Quest. Please come even if you are a veteran of other gatherings. Gryphon and Tammie have attended several Quests and promise you some fun and a few surprises. We welcome anyone who has attended Quest to come and offer their favorite tip.

Pyromancy

Facilitator: Bill Elston

Time slot: Friday PM



Since the beginning of time man has had a fascination with fire. Through understanding one can seek answers in the flames of wisdom. This learning circle will examine the how and why of using fire as a divinatory tool. Included will be the principles of Pyromancy, safety, what fuels to use, safety, how to build a fire, safety, how to interpret the images in the flames, safety, special effects and of course, safety.



West-African Drumming

Facilitator: RJ

Time slot: Friday PM

Do you hear the call of the drum?
Come learn the basics of West-African

poly-rhythmic percussion. (Try saying that three times, fast.) You can develop a drumming "vocabulary" that will make your playing more interesting and exciting. It's way more fun than you can shake a (drum) stick at.

Belly Dancing

Facilitator: Socorra/Rusty Hayes

Time slot: Friday PM

Traveling Medicine Wheel

Facilitator: Gwen

Time slot: Saturday AM

The medicine wheel is a sacred hoop, a magic circle that contains all of the elements of life. To create a better world, we must be in balance and in harmony with the earth. The medicine wheel can teach proper balance. In the Native teachings all parts of the creation are our relations. We all require the same things from Earth Mother to live, so we are all related. By learning to travel around the medicine wheel, each of us learns how to live in a sacred manner, how to walk in a way harmonious with all the creation, and put our steps on the path of love and harmony. When enough of us are on this path, we will have a better world. We will be learning the components of the medicine wheel (according to Sun Bear's vision), building a small traveling wheel we can each take with us, and then doing some exercises and meditations using the medicine wheels.

Creating a Community Labyrinth

Facilitator: Tamia

Time slot: Saturday AM

As a metaphor for a spiritual journey, the labyrinth has become a powerful meditation tool. Learn how to create and maintain different styles and forms of the labyrinth. Together, we will install and dedicate a Cretan rope labyrinth for use by the community throughout the weekend.

Plant Medicine: How to Choose and Use Nature's Healing Gifts

Facilitator: Kathy Sage

Time slot: Saturday AM



Learn the language of plant medicine, and how to use its healing gifts in your own life.

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We'll examine what medicinal herbs are, how to choose the right form and preparation, and what to look for in quality and various types. We'll talk about herbs to strengthen the body's defense system, those for digestive health, energy, good sleep, pain management and reproductive health and balance.

I Ching

Facilitator: Chantress Maddy

Time slot: Saturday AM

I Ching, the Book of Changes, contains an ancient binary system that has been used as a method of self-awareness and divination for over three millennia. We will explore the use of coins, yarrow sticks and other methods to create solid or broken lines used to build tri-grams, identifying the elements in various forms. By combining pairs of tri-grams we will create hexagrams relating to passages in the ancient Chinese text.

Mother Gaia and the Golden Web

Facilitator: Gryphon Rosemead

Time slot: Saturday PM

We all feel isolated and powerless at times. Cut off from family and friends that do not understand us, we are very much alone. At the same time we may feel as if we do not have the ability to change our life; as if we do not matter in the general scheme of things. There is a deep well of power we can tap into, and always we are a valuable part of the sacred web. Touch your power and feel your interconnectedness with the help of Mother Gaia and the Golden Web.

Gift of Pleasure - Hand and Foot Massage

Facilitator: Dick Merritt

Time slot: Saturday PM

Being able to touch skillfully and sensitively enhances our sensual expression. To touch with awareness is a beautiful gift for a friend or lover. Massage and the healing power of touch underlie most bodywork and healing energy modalities. It can be a part of many diverse spiritual paths. Besides, it is fun.

Learning circle consists of demonstrations and practice. Participants will learn to give and exchange relaxing and healing massage of the

hands and feet. Wear clothing loose enough to grant access to the arm up to the elbow and the lower leg up to the knee. Bring a towel for each participant. Oil is furnished.

A Place for Worship: Creating Altars

Facilitator: Kestral/Karen

Time slot: Saturday PM

Creating an altar, a sacred place of worship, can be confusing to someone who is just starting out in Wicca. In this learning circle, we will try to eliminate some of the mystery by discussing common tools used on a traditional Wiccan altar and looking at the history and symbolism of these items, such as the chalice and knife. Then, we will compare these items with those on a Traditional Witchcraft Family altar. Some items on the FamTrad altar, such as the skull, may be unfamiliar to Wiccans. This will be a great learning circle for anyone new to the Craft.

Shamanism

Facilitator: Danny Moses

Time slot: Sunday AM

A brief overview, discussion and exploration of what has come to be called "shamanism" among neo-pagans. We will be discussing various theories and exploring through exercises and sharing of personal experiences what shamanism is, as well as what it isn't.

The Fool's Journey: Exploring the Major Arcana of the Tarot

Facilitator: Lance Brown

Time slot: Sunday AM

The Fool's Journey is a metaphor for our journey through life. Each card of the Major Arcana represents experiences in that journey we must incorporate into our lives to fully realize ourselves. We will walk with the Fool as he steps off the cliff at the beginning of his quest and ultimately attains mastery of himself and the Universe before returning to the cliff and stepping off to begin the cycle again. If you have a deck (or several!) please bring them with you. We will be sharing from a wide variety of decks and the more the merrier.

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Sword-Led Meditation:

Beginning the Warrior Path

Facilitator: Torrin Da Mist

Time slot: Sunday AM

An active meditation where the user will learn a nine-shot sword form and its uses for the meditation. Participants will need to bring a sword or wooden rod in sword-length, as these will not be provided (swords are expensive!).

Dream Catchers

Facilitator: Lisa

Time slot: Sunday AM

Dream catchers are a great tool to funnel positive dreams and visions to the sleeper while bad dreams get lost in its web. Native Americans have long used these tools but now their energy is open to anyone. Designing and creating your own dream catcher will make it more attuned to your personality and energy. There will be an additional charge of \$10 for materials for this learning circle.

Weekend Intensive Learning Circle

Celtic Oghams

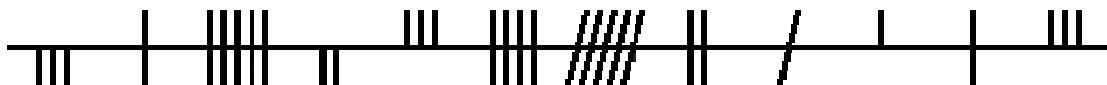
Facilitator: Bill Elston

Time slot: Full Weekend Track - All Time Slots

Ogham - The Celtic people of Ireland had a system of memory development that has evolved into an interesting tool for divination, contacting the Irish deities and healing. This system is the Oghams. Based on the letter valuation of the trees that populated Europe after the last Ice Age the concepts of the Oghams also became that basis of the Gaelic languages. This learning circle will examine the history of the Oghams, their evolution and uses by modern pagans. There will be a \$5 fee per participant which includes Friday lunch.

- Friday afternoon - who were the people who used the Oghams (who were they- where did they live, etc.).
- Saturday morning - the Oghams themselves (what do the Oghams look like, what kinds of variations and examining each Ogham).
- Saturday afternoon - how to use the Oghams - reading them for divination and memory enhancement.
- Sunday morning - the Oghams as a healing tool.

Because each section builds on the next, participation in all time slots is highly encouraged!



Learning Circle Presenter Bios

Amy Brann is a Pisces with Libra Rising going through her Saturn Return. Having been described by some as a "Hello Bastet Pagan," she follows the Egyptian traditions, with an insatiable curiosity about many other paths. Maybe one day she will finish a degree in Egyptology, but until then, she works as a modern day scribe (i.e. secretary). She is a member of CTC and lives in Hillsborough.

Becky Starr is an eclectic Egyptian pagan and has been playing in the herbs for about four years, primarily with incense blending. She is a teacher by profession and passion, finding herself a now frequent learning circle leader for Celebrate the Circle Learning Circles and Quest events. Becky is the Learning Circle Coordinator for Spring Quest 2004. Becky is a Priestess of Isis, member and frequent ritual team-member of CTC, and lives in Durham, NC.

Bill Elston, a Druid for over 30 years, a cook by trade, Reiki master, herbalism student, Tarot and Rune reader. Currently working on developing the Oghams (ancient Irish memory developing system) as a tool for healing.

Danny Moses has been exploring and practicing various forms of spirituality for over 30 years. This search has led him down many strange, interesting and unusual paths. For the last 6 years he has focused exclusively on the spiritual practices of the Northern Europeans.

Dick Merritt, a retired professional member of the American Massage Therapy Association, led massage learning circles for many years. Dick grew into paganism through the influence of eco-feminist spirituality in the 80's. It was a natural fit, given his agrarian background. He is an eclectic neo-pagan and Unitarian Universalist. Dick characterizes himself as a Joseph Campbell pagan because of his conviction that religion is metaphor. Strongly influenced by the Creation Spirituality movement, he describes himself as a panentheist. He enjoys frequent rituals and purification ceremonies. A techno-pagan, he is a UNIX technician.

Garry and Andrea Wakely are pagans living in Virginia Beach with their son, William. Garry is an Occupational Therapist and potter, and

Andrea is the designer/textile artist behind Twin Roses Designs, a mainly web-based costume and clothing company. They have been participants and vendors at the past three Carolina Spirit Quests.

Gryphon Rosemead has been practicing the craft since the early 70's and has given learning circles and done rituals at many public and private gatherings from WV and NC to NY. She is a public Pagan, High Priestess, Elder and has earned a BS and MED from the University of Georgia. Gryph is a National Board Certified Agriculture Teacher in the mountains of NC and lives with her cat, Grandmother. For more information visit her website at <http://www.angelfire.com/nc/gryphon>. She can be contacted at gryph@pobox.com.

Gwen has a master's degree in history and has studied the world's religions all of her adult life. Though Paganism from Celtic roots is powerful to her, she is also strongly drawn to Native American spirituality. Must be her Iroquois, Cherokee and Arapaho ancestors guiding her. Gwen has worked with the medicine wheel for several years and finds it to be a powerful, helpful tool for healing and obtaining inner awareness and balance.

Kathy Sage has worked with medicinal herbs for 12 years, during her tenure as team leader and educator for a prominent natural foods store. She studied with several herbalists across the country as part of her professional training, and has attended numerous intensives on herbalism, natural medicine and natural foods. She first awakened to the natural world and its gifts as a child in rural Northern Michigan, and developed her interest in travels to Nepal, Europe, Russia and the Caribbean. She has recently taught herbal medicine learning circles and given presentations at Rex Wellness Center, the Cary Library, and Carolina Spirit Quest's Quest Special program. Kathy believes that plants hold energetic wisdom and healing which extends beyond the realm of physical

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compounds, and are to be revered for their unique consciousness.

Kestral/Karen is an initiate of Clan of Ked, a Family Tradition from Wales and has been practicing the Craft for 4 years. In the mundane world, she works in the insurance industry. Karen is an avid sci-fi/fantasy reader (favorite author Anne McCaffrey), and her main form of crafting is juju bags and poetry. Karen lives in the Los Angeles area.

Lance Brown is an eclectic modern techno Pagan and Unitarian Universalist. His path includes influences from Wicca, Celtic Paganism, and Native American traditions with a strong focus on his patroness, Brighid, and Bear, his totem and spirit guide. Lance is a member of Celebrate The Circle and the Ord Brigideach. He has studied the Tarot for 17 years and has been teaching a series of classes at Celebrate The Circle on the Major Arcana for the past two years.

Lisa is a med tech at UNC Hospital in Chapel Hill. She has collected dreamcatchers since she was a little girl. She makes dreamcatchers as a way to funnel energy and connect with her Native American roots. With new designs, she finds ways to connect with the Goddess.

Chantress Maddy - Drawn to nature, mysticism, energy healing, and eastern philosophies since childhood, my concept of Spirit hasn't changed so much as it has deepened. When I began my exploration of paganism, I didn't expect it to become my path, but here I am - a founding member and an Elder of the Sacred Order of Living Paganism. Studying the aspects of Goddess, I found a natural strength that had never before been encouraged, and have experienced changes in my life that I never would have imagined possible. As you might have guessed from the name, singing and other forms of music are an integral part of who I am.

R.J. Perz-Edwards - I used to say "I can only play the radio." But when I discovered West-African music, drumming became my life's passion. I had never heard such exciting and forceful music, and once I had, I was hooked. If you had told me 10 years ago that I would be supporting my family as a professional musician

and drummer I would have laughed, but here I am doing it!

Rusty Hayes/Socorra lives in central North Carolina.

Sharon Hill is a licensed clinical social worker and practicing pagan. She is active in Carolina Spirit Quest, Celebrate the Circle, and several other open and closed groups. She is a frequent presenter in the North Carolina pagan community and has taught learning circles on chakras, healing, psychology, meditation, and other aspects of magick.

Tamia combines her earth-based spirituality and finance/accounting training as the financial officer of a sustainable agriculture non-profit. A perpetual student, she studies an eclectic suite of spiritual topics ranging from the Aboriginal Australian Dreamtime to Industrial Applications of Feng Shui. Her path meanders in the vicinities of Celebrate the Circle, One Spirit Sanctuary, and PagaNet.

Tammie Ward, I was born and raised in Durham, NC where I continue to live and work. My path has a little of this and a little of that. I feel a deep connection with the Goddess in many forms. I try to remain open to where She leads me, but sometimes I go kicking and screaming. In my spare time, I enjoy cooking, reading, movies, backpacking in the NC mountains and attending pagan gatherings, many of them with Danny Moses. I have been on the Board of Directors for CSQ and I help in many areas of the Quest organization. I enjoy facilitating rituals and teaching learning circles. Ask me about Sacred Blood.

Torrin Da Mist has recently gone through large life changes, and now resides by the coast. He's currently working on Warrior, Elemental, and Kitchen Magic, and seasonally doing "Day of the Sword", Torrin has 'walked the path' since the age of 14 and has been swinging swords in combat- and non-combat styles since he was 15.

Children's Program

The CSQ family is growing every year - last year, 10% of our attendance were children! This means that the Children's Program grows broader and deeper each and every year, adapting to the feedback from previous years to improve our program. Based on input from our older children, the 12 and older age group prefers to attend the adult learning circles, and so we encourage their participation in those offerings.

Once again, Tim and Sherri Woody have organized an outstanding program for our younger attendees and we thank them for their efforts and love!

Learning Circles for the Children

Tim has organized a new idea for children during learning circle times - Children's Learning Circles. These specially designed circles will be lead by a wonderful group of volunteers who have gladly agreed to share their special talents with our children. The Children's Learning Circles will be offered during the normal learning circle times on Saturday morning, Saturday afternoon, and Sunday morning, and at a special time on Friday afternoon, to allow attendance at the Newcomer's Learning Circle. Parents will be able to drop off their children a few minutes before learning circles are to begin to allow them to be on time. At the end of the scheduled learning circle time all children will need to be picked up.

Assistants are needed during the learning circle times, and parents are encouraged to sign-up. This represents an opportunity to play with the kids during your community service shift!

Some of the scheduled Children's Learning Circles:

Mandala's — Sacred circle craft for Fun and Learning - Sharon Hill

We will use several types of materials to create circle designs that give us pictures of our spirits and our paths. These sacred circles represent the feminine, spiritual emotional energy and speak to and from our deeper selves. Children are generally free to communicate, experience, and give expression to these purer, deeper levels of self. In this workshop, we will play with these energies and processes for fun and growth.

Sharon Hill is a licensed clinical social worker with many years of experience working with children and families in therapeutic environments. She lives with her cat Silver in Durham.

Egyptian Amulets - Chris Starr

The ancient Egyptians used amulets when creating mummies to bring special gifts and powers to the dead to help them reach the afterlife. In this children's learning circle we will look at how the Egyptians used amulets during mummification and wrap up our own "mummy" using special amulets for protection. Then we will create amulets of our own to bring special gifts into our lives.

Chris is in the 8th grade and enjoys helping with CTC rituals. Chris loves his Mummy, who shared her love of everything Egyptian with him.



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Magickal Auction

Come join us for the third annual CSQ Magickal Auction! All day Saturday you will have the opportunity to bid on some very special items donated by our members and vendors. The Silent Auction works this way:

- The items or at least a description of them will be on bid sheets in the Mess Hall starting early Saturday.
- Simply record your name and bid amount on the description form.
- If someone outbids you, enter a new bid. Bids can be raised in whole dollar increments.
- After the Main Ritual Saturday evening, we will assemble in the Mess Hall to conclude the auction.
- Bid sheets will be collected and the winners identified.
- For instant gratification items, delivery of the item will be made upon payment. All other items must be paid for by the end of the Sunday business meeting.

A few items may be sold in Live Auction. Stay and participate in the fun. All proceeds of the auction will go to fund future CSQ projects and events. These funds allow Quest to try new ideas.

Here are some examples of items offered last year. If you have an item or service that you would like to donate to the auction, please contact Cindy Williams at Cmmrw@aol.com.

- Winter Quest Fairy Stone Pendant
 - Berkano Rune Pendant
 - Dragonfly Light Catcher
 - Full Body Massage
 - Mead Making Lesson
 - Hand made Incense
 - Feng Shui Compass
 - Feng Shui Book
 - Divination Teacup and Book
-

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Simple Tools for Little Hands - Cynthia Campbell

A common practice of many of our traditions is honoring the directions and elements. We often have items and/or tools on our altars that represent those elements. In this workshop, we will make simple altar tools with toddler-safe materials, and talk about what they are and why we use them. This will be a fun and easy craft project for small hands.

Cynthia Campbell is a full-time mom and long-time pagan. She loves crafts of all types, and learned from the best: her mother and grandmother! She is currently active with Celebrate the Circle in Durham and Children's Circle in Hillsborough. She lives in Hillsborough with her husband Dan, daughter Jessica, and two cats.

Rituals

Children are welcome at, and encouraged to participate in, all of our rituals. For those children that choose not to fully participate in the ritual, Sherri will once again be offering activities near the ritual space so that parents can participate in the ritual and still have visual contact with their little ones.

General Information

As last year, children are encouraged to gather at the bell before lunch and dinner with their parents - we will have a brief announcement session and blessing of the meal. Then children (with an assisting parent if necessary) will be at the head of the serving line. Also, look for the popular snack table, that is accessible in-between meals, for children of all ages!

Miscellaneous Information

Lodging

Camp Lapihio at Umstead State Park has three and four person cabins, divided into four groups, with a latrine at each group. There is a shower house near the mess hall for all participants. The cabins have bunks with mattresses. The mattresses are on top of plywood, so they are firm. All are lower bunks and the mattresses can be placed on the floor, if desired. Everything else you need for your comfort you must provide: pillows, sheets, blankets or sleeping bag. There is no heat in the cabins, washrooms, or recreation hall. Come prepared for the changeable April weather.



Tent camping will be permitted for those who desire the privacy. Since our costs are the same either way, no discount is given for tenting. We can park automobiles near to the cabins.

Food

Omnivorous and vegetarian meals will be provided from Friday evening through Sunday noon. Participants with special dietary needs should indicate them in the space provided for special needs on the registration form.



Parking



Parking is allowed near the cabins. We will be able to drive to near the cabins for unloading. Keep in mind, as you plan, that what goes to the cabin must come back from the cabin. You might leave some gear in your vehicle.

Vending

Vendors will have permitted hours of operation from 8:00 AM until midnight and be located in a single area to help promote foot traffic. The fee for vending is \$10.00 and a donation of an item for our Magickal Auction is required. Indoor space, seating, tables, or tents are not provided, however electricity is available for a \$5.00 fee. Limited space is available in the CSQ tents for smaller vendors who may be unable to provide their own tent. Your vendor fee includes a free link to your website on the CSQ web site as soon as you register and it will remain there for one year. Pre-registration is required to vend at CSQ. For more information please contact Liz Grimes at lgrimes@triad.rr.com.

In An Emergency

In case of any emergency onsite, please contact Security. We expect to have personnel trained in emergency medicine available on site. Security will be able to contact the Park Rangers.

There are no phones in Camp Lapihio. There is a pay phone at the visitor center, but that is some distance away from our site. If you must be in touch with office or sweetheart, bring your satellite phone.

Health Care



We want everyone to have a healthy Spirit Quest. You are responsible for your medications (if any), and your own health. If you have any conditions that might require immediate attention, inform the staff when you register. If an emergency should arise, please let the staff know immediately.

Choose Your Community Service Shift

Each person attending Spirit Quest is required to sign up for at least one two-hour community

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service shift. It is necessary that everyone take part in this shared labor for the gathering to function pleasantly for all participants. Please sign up for a job at Check-In when you arrive.

Site Cleanup

It is very important that we return the Site to the condition it was in before we arrived for Spirit Quest. The Staff consists of volunteers, who also pay to attend the event. In order to encourage all of the participants to help in this last community effort, we require that all registrants include a separate \$25 check as a refundable deposit for site cleanup. This check will be returned at 3:30 PM on Sunday to all participants who have helped clean the site. Those who do not wish to participate in the cleanup will donate their checks to the Bart Wendell Scholarship Fund for attendance at CSQ '03. Checks that are not returned WILL be cashed. If you absolutely must leave before 3:30 PM, please make separate cleanup arrangements to allow your check to be returned to you.

IMPORTANT NOTES:

Site Clean-Up is separate from the mandatory Community Service shift. Completion of a Community Service shift during the weekend does not count towards cleaning the site on Sunday. Donating your clean-up deposit to the Bart Wendell Scholarship Fund does not exempt you from a Community Service shift during the weekend.

Site Clean-Up is also separate from cleaning cabins and camp sites. Before leaving, please be sure you leave your cabin or camp site as clean as the way you found it.

Safety

No one can guarantee your safety. Read and honor the rules created for your own protection. We want everyone to have a safe Spirit Quest. There will be NO flame or fire of any kind in the cabins, this means no incense, candles, or smoking. There is no smoking allowed inside any camp structure.

What to Bring

- A sense of humor and good will.
- Sleeping bag or bedding that will keep you warm in temperatures that may approach freezing. Pillows and extra blankets as you may need for your comfort.
- Warm clothing for cold weather; cool clothing for warm weather; rain gear for you and your stuff in case of wet weather. Umbrellas and waterproof foot gear could be welcome additions.
- Towels, biodegradable soap and shampoo, personal care items.
- A lawn chair or something to sit on.
- A flashlight, or electric lantern (non-flame-oriented lighting method).
- Insect repellant and sunscreen.
- Special dietary items and/or necessary medications.
- Drums, rhythm and musical instruments, vocal abilities.
- A gift for the "Spirit Gift Exchange."
- Festive decorations and decadent stuff for your campsite and for the dining hall.
- Sacred dress, outrageous costuming, and lots of glitter.
- Respect, compassion, understanding, trust, enthusiasm, authenticity, honesty, and above all, love.
- Sacred objects to put on the Community Altar. These items will go home with you after the event.
- Items to be included in the Magickal Auction (and/or money to buy items or services!).

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T-Shirts

Adult participant shirts will be Stonewashed Blue with the CSQ'04 Our Magical Paths, Our Sacred Community logo in black ink.

Children's shirts will be Gold Nugget with black ink.

Shirts for core staff will be Copper with white ink

These Hanes Beefy-T shirts must be ordered when you send in your registration. Sizes and prices are on the registration form. Adult 2XL and 3XL cost \$15. All other adult and children's sizes are \$13. T-shirt orders on registrations received after March 30, 2004, will not be filled.

Quest's Rules

- No drugs or alcohol
- No pets
- No firearms
- Consent Requirement - *"It is the responsibility of the initiator of any sexual or other physical contact to positively ensure that consent is given before engaging in such contact."*
- Carolina Spirit Quest prides itself in being a multi-generational family event, and in this spirit we offer a wide range of workshops and programs for children from infant to young adult.
- To ensure the safety and well-being of all our members, we ask that parents maintain supervision of their children at all times unless other arrangements have been made. If a child is overly disruptive during the Children's Learning Circle times, the parent will be notified within their own learning circle and requested to remedy the situation.
- Certain areas - such as the kitchen - can be dangerous for our younger participants, and because of this, these areas will be placed off limits. We request that, for your children's safety, you make sure that they abide by these rules.



CSQ Annual Meeting - Nominations and Elections

According to the Bylaws, three (3) At-Large Board Members shall be elected each year at Spring Quest. Further, elected trustees take office immediately after Spring Quest, serve terms of two (2) years, and may serve not more than two consecutive two-year terms. In addition, this year we will elect a trustee to fill an unexpired term from the date of election to the end of Quest 2005, a one-year term.

Trustees must attend Spring Quest, and all meetings of the Board held during their terms of office. Currently there are four meetings per year - scheduled for Friday night, Saturday all day, Sunday to mid-afternoon in May, August, November, and February. Board meetings must be held within North Carolina, South Carolina, or Virginia. The next Board meeting will be May 14-16, 2004 at One Spirit Retreat, Pittsboro, NC. Board members are expected to make every effort to be available for emergency meetings and/or conference calls, and respond promptly to messages from other board members.

Nominations must be delivered to the Secretary, Tamia Buckingham, not later than 3:00 PM EST Saturday, April 17, 2004. They must be in writing, stating the full name, address, phone number (E-mail address) of both the nominee and three nominators. The nominators must certify that the nominee is willing to serve on the Board. The nominee and nominators must be present at Spring Quest.

Voting will take place during the annual meeting on Sunday of Spring Quest. All members present at the annual meeting may vote. A member is one who has paid the annual membership fee as set by the Board. The cost of the fee shall be offset by a voucher for the same monetary value, applicable to any CSQ event registration. Absentee voting is not allowed. Nominees must attend the Spring Quest at which they are nominated.

Therefore, nominations are open for
three (3) two-year terms and
one (1) one-year term on the Board.

The duties of the Board are:

- Make overall policy, direct and control CSQ affairs
- Appoint a Treasurer, who may or may not be an elected trustee
- Appoint the Director(s) of the program(s) for the current year
- Appoint the Director(s)-elect for the following year
- Approve the budgets
- Be willing to help with the work of the Board.

The officers of CSQ are a President, a Vice-President, a Secretary, and a Treasurer. The Treasurer is an appointed position, who may or may not be a current member of the Board. The Treasurer's term runs from August 1 to July 31. The Board names the Officers.

Board Members with Terms ending at Sprint Quest 2004:

- Alyse Ford (Member at Large)
- Dan Tortorelli (Co-director Emeritus 2003)
- Joy Tortorelli (Member at Large) - N.B. Joy continues as Treasurer of the organization.

Board Members with Terms Continuing:

- Dick Merritt (Member at Large - expires April 2005)
- Tamia Buckingham (Director Emerita 2004 - expires April 2005)
- Liz Grimes (Member at Large - expires April 2005)
- Becky Starr (Co-Director Elect Spring 2005)
- Cynthia Campbell (Co-Director Elect Spring 2005)

We thank you for your dedication to Carolina Spirit Quest.

Registration Procedures

Registration Forms

Please fill out registration forms completely. Information on the forms is never made available to anyone outside of the staff. However, new registrants are added to our mailing list. If you would prefer not to be added to our mailing list, please indicate this preference on the registration form. Age and gender questions are for registration statistics.

Printable versions of the registration forms and this packet are available for download in Portable Document Format (PDF) on our web site - www.CarolinaSpiritQuest.org. Help us spread the word to everyone interested.

Registration Deadline

To avoid the \$25 late fee, your registration forms and payment must be postmarked no later than March 30.

COSTS & FEES:

- **Membership fee:** \$25 per person for a year's membership in Carolina Spirit Quest, Inc. "A member is one who has paid the annual membership fee as set by the Board. The cost of the fee shall be offset by a voucher for the same monetary value, applicable to any CSQ event registration." (from the CSQ, Inc. bylaws as revised April 2003.)
- **Registration fees:**
 - Adult members: \$59 (with membership voucher applied at time of payment)
 - Adult non-members: \$84
 - 6-11 years: \$40
 - 5 years and under: Free
 - One day rate: \$45
- **Learning Circle fees:** As described on Learning Circle pages.
- **Vendor fee:** \$10 vendor fee. In addition 5% of gross sales to be paid before departure from site.
- **Tee Shirts:** See registration form for pricing and sizes. Adult 2XL and 3XL cost \$15. All other adult and children's sizes are \$13.
- **Cleanup deposit:** \$25 per participant in a separate check so it can be returned. See page 25.
- **Late fee:** \$25 if registration is not received or postmarked before March 30.

Sign-in on Site

Sign-in and Registration will be clearly marked and will be staffed Friday afternoon and early evening and again on Saturday morning. Please try to arrive before 8:00PM so that none of the staff who have worked long and hard to bring you this gathering will miss the opening ritual. You must sign in upon arrival. At registration, there is a large map on which you are requested to indicate your room or tent site so that your friends and others who may be looking for you know where to start. Please bring found items to Registration and seek lost ones there as soon as possible.

Early arrival on Site

Spring Quest begins on Friday with the afternoon learning circles. Everyone is welcome Friday, but we do not have any space Thursday for early registration or early arrival. Thank you for your help and understanding!

Carolina Spirit Quest 2004 Staff

Director: Tamia Buckingham, Hillsborough, NC

tamiab@earthlink.net

Co-Directors Elect:

Becky Starr, Durham, NC

LukyStarr@aol.com

Cynthia Campbell, Hillsborough, NC

moonfire@nc.rr.com

Communications Manager: Dick Merritt, Hillsborough, NC

dickmerritt@mindspring.com

Registrar: Dick Merritt, Hillsborough, NC

dickmerritt@mindspring.com

Vendor Coordinator: Liz Grimes, Jamestown, NC

lgrimes@triad.rr.com

Programs Manager: Becky Starr, Durham, NC

LukyStarr@aol.com

Workshop Coordinator: Becky Starr, Durham, NC

LukyStarr@aol.com

Ritual Planner: Danny Moses, Durham, NC

thrundr@hotmail.com

Childrens Program : Tim & Sherri Woody, Hurdle Mills, NC

tim51370@yahoo.com,

sherriwoodyrn@yahoo.com

Other Programs: Cindy Williams, Greensboro, NC

Cmmrw@aol.com

Facilities/Operations Manager: Ben Starr, Durham, NC

gntlknight@aol.com

Food Service Coordinator: Chester, Whitsett, NC

Treasurer:

The Bart Wendell Scholarship Fund

Carolina Spirit Quest offers scholarships to help community members that might otherwise be unable to attend our gathering. Everyone attending Quest is eligible to apply for a scholarship. We ask that you fill out the application form, send a sliding scale deposit of \$5 to \$20 (you decide where you slide) and mail the application to our PO Box. It must be **received by March 30, 2004**. All applications (see next page) will be reviewed at once by the scholarship committee. Please note the agreements at the bottom of the application form. Please understand you may not receive the entire amount you request. We will try to accommodate as many people as possible. Once the initial round of scholarships have been granted, all other requests will be considered as we receive them.

If you wish to make a donation to the scholarship fund, please make out a check to CSQ, marked for the Bart Wendell Scholarship Fund, and send it to our PO Box. Our postal address is

Carolina Spirit Quest
Scholarship Committee
Post Office Box 61335
Durham, NC 27715-1335

Questions? Email us at CSQuest@RTPnet.org .

The Scholarship Application Form is in the back of this catalog.

Carolina Spirit Quest 2004

Bart Wendell Scholarship Application Form

All applications must be postmarked by March 8, 2004

Applicant's Name: _____

Mailing Address: _____

Email Address: _____ Telephone Number: _____

Please state the exact amount you are requesting: _____

Please state why you are requesting this scholarship:

By signing below, I understand the following about the scholarship application:

1. I understand I may not receive the entire amount of the scholarship I request.
2. I understand if I receive a scholarship, I need to accept or decline my scholarship to the committee by email or telephone by the stated deadline or forfeit my scholarship. It will then be available to other people.
3. I understand if I do not mail any balance due on my registration by the stated deadline, I will forfeit my scholarship.
4. I understand CSQ will have a copy of all scholarship information at registration.

Signed _____ Date _____

Please mail the application along with your deposit of \$5 to \$20 to:

Carolina Spirit Quest
Scholarship Committee
PO Box 61335
Durham, NC 27715

Questions? Email us at CSQuest@RTPnet.org..

Carolina Spirit Quest - Spring Quest 2004

Learning Circle Registration

Mail to: Carolina Spirit Quest - Spring 2004
PO Box 61335, Durham, NC 27715

Please indicate your first and second choice in the choice column

Friday Afternoon Learning Circles 1:00-4:00 PM		
Choice	Learning Circle Name	Fees
	Astrology	\$5
	Celtic Oghams (part 1 of 4)	\$5
	Creating Your Own Incense	\$15
	Shadow: Revealing Your Lost Self	\$5
	Lantern Making (part 1 of 2)	\$15
Friday Learning Circles 4:30 and later		
Choice	Learning Circle Name	Fees
	Newcomers Circle	none
	Pyromancy	none
	West-African Drumming	none
	Belly Dancing	none
Saturday Morning Learning Circles 9:00-11:00 AM		
Choice	Learning Circle Name	Fees
	Celtic Oghams (part 2 of 4)	none
	Traveling Medicine Wheels	none
	Creating a Community Labyrinth	none
	Plant Medicine	none
	I Ching	none
Saturday Afternoon Learning Circles 3:00-5:00 PM		
Choice	Learning Circle Name	Fees
	Celtic Oghams (part 3 of 4)	none
	Hand and Foot Massage	none
	Mother Gaia & the Golden Web	none
	Lantern Making (part 2 of 2)	none
	A Place for Worship: Creating Altars	none
Sunday Morning Learning Circles 9:00-11:00 AM		
Choice	Learning Circle Name	Fees
	Celtic Oghams (part 4 of 4)	none
	Sword-Led Meditation: Warrior Path	none
	Shamanism	none
	The Fool's Journey: Major Arcana	none
	Dream Catchers	\$10
Total Learning Circle Fees (Transfer to Fee Schedule)		

Registration Information:			
Full Name _____			
Name for Badge _____			
Current Mailing Address _____			
Street _____			
City _____			
State _____			
Zip _____			
E-mail _____			
Phone _____			
Emergency Contact Info:			
Name _____			
Phone Number _____			
Address _____			
Relationship _____			
Special Needs/ _____			
Medical Alerts _____			

Statistical Information			
Gender & Age _____			
Omnivore/Vegetarian _____			
Sponsored Minor w/ Non-Parent _____			
Fee Schedule			
Quantity	see page 20 for membership info	Rate	Amount
	Adult Registration (regular)	\$84	
	Adult Registration (w/ member voucher applied)	\$59	
	One Year Membership	\$25	
	One Day Pass	\$45	
	Child Registration: age 6-11	\$40	
	5 years and under	Free	
	Learning Circle Fees (from column one)		
	Vendor Fee	\$10	
	Late Fee (postmarked after 3/30/04)	\$25	
	T-shirts (order must be received by 3/30/04):		
	Children - indicate size (S,M,or L) & quantity	\$13	
	Adult - indicate size (S/M/L/XL) & quantity	\$13	
	Adult - indicate size (2XL/3XL) and quantity	\$15	
	Clean up Fee (per participant) - separate check	\$25	
Total enclosed			

Please complete a registration form for each person attending.